

THE WORLD'S LARGEST 

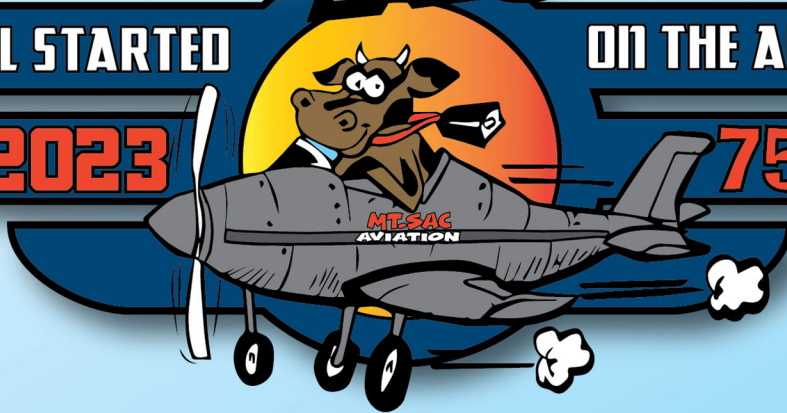
# MT. SAC XC INVITE

IT ALL STARTED

ON THE AIRSTRIP

2023

75<sup>TH</sup>



# SOUVENIR PROGRAM



DID YOU KNOW  
THE XC INVITE RUNNERS  
START ON WHAT ONCE  
WAS WHERE MT. SAC  
PLANES LANDED?

AND TOOK OFF!  
...WHAT A WAY TO  
START A RACE!



**MT. SAN ANTONIO COLLEGE**  
**WALNUT, CALIFORNIA**

ELEMENTARY/MIDDLE SCHOOL DIVISION

**GARMIN**



# ALL-IN-ONE TEAM APP

Garmin Clipboard is an all-in-one team app with features designed to help coaches and athletes build workouts, review stats and more when loaded on their compatible smartphones. Garmin Clipboard lets you review lap splits, VO2 Max, lactate threshold, pace trends or quickly scan performance and wellness with at-a-glance charts. Choose one of the free preloaded workouts or create a custom training plan.



# FORERUNNER® FOR RUNNERS

Whether you're coaching beginners or more seasoned runners, Garmin has a smartwatch that suits every runner's needs.

## PERFORMANCE

There's a wide range of Garmin GPS running smartwatches to capture crucial performance stats. Select models incorporate smart coaching with daily suggested workouts and can gauge the effectiveness of training and track recovery time. Runners can sync custom workouts and training plans from the Garmin Connect™ app, Garmin Clipboard coaching app and TrainingPeaks to their device.

## SAFETY AND TRACKING

Add peace of mind to runs with incident detection and assistance features<sup>1</sup>. If the watch senses an incident has occurred, a message is sent with the location to emergency contacts. And select Forerunners automatically send the runner's name and location to the Garmin IERCC, a 24/7 staffed emergency response coordination center<sup>2</sup>. LiveTrack lets contacts view the runner's preplanned course and real-time location.

## NAVIGATION

With built-in features like back-to-start, turn-by-turn navigation, round-trip routing and the ability to download courses — it's tough to get lost. To help runners create a course, Garmin Connect looks for the best route, choosing from roads and trails most traveled by tapping into Trendline™ popularity routing. Find the best paths and easily follow them with at-a-glance navigation.

## CONNECTIVITY

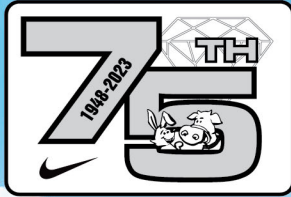
Certain watches in the Forerunner family offer additional features like on-device music storage and streaming<sup>3</sup>, Garmin Pay™ contactless payments<sup>4</sup> and smart notifications when paired with a compatible smartphone.

<sup>1</sup> When paired with a compatible smartphone; see [Garmin.com/ble](https://www.garmin.com/ble). For safety and tracking feature requirements and limitations, see [Garmin.com/safety](https://www.garmin.com/safety).

<sup>2</sup> Forerunner 945 LTE must have an active LTE subscription plan for, and connectivity to, a Category M1 LTE network; see [Category M1 LTE coverage area at Garmin.com/LTECoverage](https://www.garmin.com/LTECoverage)

<sup>3</sup> User must have a premium account with a compatible music streaming provider to sync playlists

<sup>4</sup> View current supported country, payment network and issuing bank information at [Garmin.com/GarminPay/banks](https://www.garmin.com/GarminPay/banks)



# MT. SAC

## X-C INVITE



OCTOBER 13, 20 & 21, 2023 □ MT. SAC XC COURSE □ WALNUT, CA

team entries by race division/race number

### IMPORTANT PLEASE READ!!!

If you find a discrepancy with your entries, we ask that COACHES (no parents or athletes please) contact High School Invitational Director, Tim O'Rourke by e-mail at [torourke@mtsac.edu](mailto:torourke@mtsac.edu)  
Thank you for your support of the Mt. SAC Cross Country Invitational.

Version 3.0 - Updated 10/18/2023 11:04:01 PM

school name	team ID	#athletes	CIF div	girls	boys	girls	boys	girls	boys	girls	boys	sweepstakes	
				FR	FR	SO	SO	JV	JV	VA	VA	girls	boys
Abraham Lincoln	241	13	4							24	25		
Academy For Academic Excel.	2	20	5				39			38			45
Academy of Careers and Expl.	1	8	5				16				27		
Agoura	3	40	3		35		39	2	33	12			43
Alameda	4	21	1					81	82	75	70		
Alhambra (alh)	6	21	2	89		87	88		86	91	94		
Alisal	7	39	1	77	76	79	78		82	71	72		
Aliso Niguel	9	71	1	53	52	56	55	66	65	64			59
Alta Loma	8	65	1	77	76	79	78	81	82	73	74		
American (fre)	10	10	1						80		70		
Anaheim	11	41	1	77	76	79	78		82	75	72		
Antioch	12	12	1		76	79				73	72		
Apple Valley	14	30	2	89	90	87	88		86	95	96		
Aquinas	15	29	4					19	20	24	23		
Arcadia	16	94	1		51		54	58	57			60	59
Archer	19	7	4							22			
Arlington	17	31	2	89	90	87	88		86	93	96		
Arroyo (em)	18	66	3	34	35	36	39	40	33	38			45
Arroyo Valley	20	14	1							71	72		
Arvin	21	16	3				5			8	9		
Avalon	22	13	5						21	26	27		
Ayala	23	60	2	53	52	56	55	58	57			62	61
Azusa	24	22	3		3	6	5			12	11		
Baldwin Park	26	25	4		14			19	20	24	25		
Banning (ban)	25	30	4	15	14		16	19	20	24	23		
Barstow	27	24	3	4	3	6	5			8	11		
Bassett	28	22	4						20	22	25		
Beckman	32	49	1		52		55		57	64			61
Bell Gardens	29	40	1	77	76	79	78	81	80	73	74		
Bellflower	30	17	4						20	24	23		
Belmont	31	7	5								96		
Bethel Christian (riv)	45	6	5								29		
Big Bear	34	27	4					40	41	38			45
Birmingham	36	23	1						80	75	70		

school name	team ID	#athletes	CIF div	girls	boys	girls	boys	girls	boys	girls	boys	sweepstakes	
				FR	FR	SO	SO	JV	JV	VA	VA	girls	boys
Bishop Alemany	5	13	4		14					22	25		
Bishop Amat	33	29	4	34			39	40				44	45
Bishop Montgomery	35	56	4	34	35	36	39	19	33	38			45
Bishop Union	37	9	4							22	25		
Blair	38	30	4	15	14				20	24	25		
Bloomington	39	14	3							10	7		
Bonita (lv)	41	43	3	4	3	6	5	2	1	12	11		
Bonita Vista	42	7	2									92	
Bravo Medical Magnet (la)	44	41	2	89	90	87	88	85	86	91	94		
Bret Harte	43	25	5					19	21	28	29		
Buckingham Charter	40	22	5			17			21	26	30		
Buckley	46	15	5	15	18		16			26	27		
Buena	47	29	3		3		5	2		8	7		
Buena Park	49	10	3	4		6				8			
Buhach Colony	48	10	3							12	9		
Burbank	50	29	1	77	76		78		82	71	72		
Burrough(rid)	51	45	4		35	36	39	40	41	38			45
Cabrillo (lom)	53	25	4	15	14	17	16		20	22	23		
Cajon	58	30	1	77	76	79	78	81	80	75	74		
Cal. Acad. Math/Science	64	9	4	15			16				23		
Calabasas	59	24	3	4	3	6	5			8	9		
Calexico Mission	97	8	5						21		30		
California (whi)	60	55	2	89	90	87	88	85	86	93	96		
California Lutheran	61	7	5							26	30		
Calvary Chapel (dow)	77	17	5	15	18				21	28	27		
Calvary Chapel(sa)	78	13	5	15						26	27		
Calvin Christian	62	11	5							26	29		
Camarillo	63	56	1		51		54	58	57	64			59
Campbell Hall	57	1	5								27		
Canoga Park	66	37	4			17		19	20	22	25		
Canyon (ana)	52	55	2	53	51		54	58	65			60	59
Canyon (cc)	65	40	3	34	35	36	39	40	41			44	43
Canyon Crest Academy	76	85	1	53	52		55	66	65			62	59
Canyon Springs	71	19	1	77	76	79	78			75	74		
Capo Valley	67	57	3	34	35	36	39	40	33		37	44	
Carondelet	68	12	3	4		6				10			
Carpinteria	69	10	4	15	14	17	16			24	23		
Carter	70	14	3				5			10	9		
Casa Grande	56	14	3							12	11		
Castaic	72	20	4	15	14		16			22	23		
Castro Valley	75	14	1							73	70		
Cate	73	22	5						33	38			45
Cathedral (la)	74	24	4		35				33				45
Cathedral Catholic (sd)	54	44	3		35		39	40	33			42	43
Cathedral City	55	25	4					19	20	24	23		
Centennial	101	31	2	89	90	87	88	85	86	95	92		
Centennial (cor)	80	48	1	53	52	56	55	66	65	64	63		
Central City Value	79	19	5	15	18	17	16		21	28	30		
Century	102	39	3	4	3	6	5		1	10	7		
Cerritos	81	72	2	89	90	87	88	85	86	91	94		
Chadwick	82	37	5	15	18	17	16	19	21	28	27		
Chaffey	83	67	1	53	51	56	54	58	65			60	59

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				FR	FR	SO	SO	JV	JV	VA	VA	girls	boys
Chaminade	84	42	4	15	14	17	16	19	20	22	25		
Channel Islands	88	44	1	77	76	79	78	81	80	71	70		
Chaparral	85	30	1		52		55	66	65	64			59
Charter Oak	89	1	3								7		
Chino	87	19	3					2		8	11		
Chino Hills	86	52	1	77	76	79	78	81	82	71	74		
Christian	90	13	5	15		17	16			26	30		
Citrus Hill	91	15	3		35		39				37	44	
Citrus Valley	93	55	2	89	90	87	88	85	86	95	92		
Claremont	95	88	2	53	52	56	55	66	65		63	62	
Classical Academy	94	44	4	15	14	17	16	19	20	24	23		
Clayton Valley	99	24	1						57	64			59
Cleveland	96	27	1					66	57			60	59
Clovis West	100	14	1									60	61
Coachella Valley	110	14	1	77	76	79				71	72		
Cobalt Institute of Math and Science	92	24	4						20	22	25		
Colony	105	27	2	89	90		88			93	96		
Community Charter Early College	106	21	5						21	28	29		
Convent & Stuart Hall	109	55	5		35		39	40	41			44	45
Corona	108	15	2	89		87	88		86	91	92		
Corona Del Mar	104	36	3		3		5		1	10	9		
Costa Mesa	107	32	4	15	14	17	16	19	20	24	23		
Covina	111	22	4		14		16		20	24	25		
Crawford	112	29	4	15	14	17	16	19	20	22	23		
Crean Lutheran	98	33	4		14			19	20	22	25		
Crescenta Valley	116	106	1	53	51	56	54	58	57			60	61
Crespi	113	10	4		14						23		
Cristo Rey (sa)	114	11	5	15	18								
Crossroads	115	18	5						33	38			43
Culver City	117	58	2	89	90	87	88	85	86	93	96		
Damien	118	21	4		14		16		20		25		
Del Norte (sd)	124	14	1									62	59
Del Oro	120	25	3		3			2	1	10	11		
Del Sol	129	11	5	15	18								
Delasalle	119	17	2		51		54						59
Desert Christian (lan)	121	25	5	34	35	36	39		33	38			43
Diamond Bar	122	32	1					81	82	73	70		
Diamond Ranch	123	14	3							12	7		
Don Bosco Tech	125	31	4		35		39		41				45
Don Lugo	126	32	3					2	1	8	9		
Dos Pueblos	128	27	2				88	85		91	94		
Downey (dow)	127	74	1	77	76	79	78	81	80	75	72		
Eagle Rock	131	22	2	89	90		88	85		95	92		
East Valley	133	14	5							28	30		
Eastside (lan)	132	14	1							71	74		
Edison (hb)	136	46	2	89	90	87	88		86	91	94		
EF Academy	137	14	5						21	28	30		
Eisenhower (ria)	138	15	2						86	91	96		
El Camino (oce)	135	59	1	53	52	56	55	66	65			60	59
El Camino Real (wh)	139	54	1	77	76	79	78	81	82	73	70		
El Capitan (lak)	134	14	3							10	11		
El Diamante	140	12	2							93	96		



school name	team ID	#athletes	CIF div	girls	boys	girls	boys	girls	boys	girls	boys	sweepstakes	
				FR	FR	SO	SO	JV	JV	VA	VA	girls	boys
El Dorado (pla)	141	22	2			56			57	64			61
El Modena	142	29	2				88		86	93	92		
El Monte	143	14	3							12	7		
El Rancho	144	14	2							95	94		
El Segundo	145	42	4	15	14	17	16	19	20	24	23		
El Toro	147	67	2	53	52	56	55	58	57			60	59
Elsinore	146	14	2							93	92		
Entrepreneur	148	9	5	15		17					29		
Escalon	149	14	4							22	25		
Esperanza	150	44	4	34	35	36	39		33			44	45
Estancia	151	6	4	15							25		
Esteban Torres	153	2	2							93			
Etiwanda	152	59	1	77	52	56	55	66	65			60	59
Excelsior Education Center	154	23	4	15	14	17	16		20	22	23		
Fairmont Prep (ana)	497	18	5						21	28	29		
Farmersville	155	18	4	15				19		24	25		
Fillmore	158	32	4			36	39	40	41		37	42	
Firebaugh	159	11	4	15							23		
Flintridge Prep	160	44	5	15	18	17	16	19	21	26	27		
Flintridge Sacred Heart	161	31	4	15		17		19		22			
Fontana	162	14	2							64			59
Foothill (sa)	156	58	2	53	51	56	54	66	57	64			59
Foothill Technology	157	58	4	34	35		39	40	33	38			43
Fountain Valley	496	54	1	77	76		78	81	80	73	70		
Francis Parker	320	30	5	34	35	36	39	40	41			44	43
Frazier Mountain	164	7	5			17					29		
Freedom	163	14	2							95	94		
Fullerton	165	56	3	34	35	36	39	40	41			44	45
Gabrielino	166	50	4		14	17	16	19	20	24	25		
Gahr	167	19	3				5	2		8	7		
Galileo Acad.	168	9	3							8	9		
Garey	169	14	3							10	11		
Garfield	170	35	1	77	76	79	78	81	80	75	72		
Geffen Acad.	171	20	2		90		88		86	95	96		
Glendale	174	5	1			79	78			71	70		
Glendora	173	51	2	53	52	56	55	66	57	64			61
Godinez	176	47	3		35		39	40	41	38			45
Granada Hills	177	72	1	53	51	56	54	58	57	64			59
Granite Hills (av)	172	35	3	4	3			2	1	8	9		
Great Oak	178	72	1	53	51	56	54	58	57			62	61
Grossmont	179	22	1	77	76	79	78			75	74		
Half Moon Bay	195	23	4		14		16	19	20	22	23		
Hamilton	181	7	5								29		
Hamilton (la)	180	24	1					81		71	74		
Harvard Westlake	182	49	4	15	14		16	19	20	24	23		
Hawthorne	183	16	3	4	3	6	5			10	11		
Hawthorne Math & Science	196	39	5	15	18		16		21	26	27		
Health Sciences High and MC	199	1	5								29		
Hemet	185	2	1			79					72		
Heritage (bre)	188	13	2							91	92		
Heritage (men)	187	9	2							12	11		
Heritage Christian	216	23	5	15	18		16		21	28	30		

school name	team ID	#athletes	CIF div	girls	boys	girls	boys	girls	boys	girls	boys	sweepstakes	
				FR	FR	SO	SO	JV	JV	VA	VA	girls	boys
Hesperia	189	51	2	89	90	87	88	85	86	91	96		
Hesperia Christian	184	6	5	15	18					26	29		
High Tech (cv)	200	9	4							24	25		
High Tech (sm)	202	23	5		18		16		21	26	27		
High Tech High (sd)	193	18	4		35	36	39		41				45
High Tech High Mesa	201	23	5	15	18	17	16			28	29		
Highland (bak)	191	8	1			56						60	
Highland (pal)	192	14	1							73	74		
Hillcrest (riv)	190	17	3	4	3	6	5			12	7		
Hilltop	194	31	2					85	86	93	92		
Homestead (cup)	197	21	1						82	75	70		
Hoover (gle)	198	18	3	4	3	6	5			8	9		
Hueneme	203	30	2					58	65	64			59
Immaculate (la)	204	16	4	15				19		22			
Independence (bak)	205	33	3	4	3	6	5	2	1	10	11		
Indian Springs	206	18	3						1	12	7		
Irvine	207	12	3							12	9		
James Lick	236	4	4							22	25		
James Logan	243	4	1								63		
John Glenn	175	18	4		14	17	16		20	24	25		
Jurupa Hills	208	13	3							12	11		
Kaiser (fon)	209	29	3	4	3	6	5	2	1	8	7		
Kennedy	210	14	1							71	72		
Kennedy (lp)	215	29	2		90	87	88	85	86	95	94		
Kimball	213	12	3							8	9		
King City	212	14	1							73	74		
Knight	214	14	1							75	70		
La Canada	217	79	4	34	35	36	39	40	33			42	43
La Costa Canyon	231	37	3					40	41			42	43
La Habra	219	22	2						86	91	96		
La Jolla	221	29	4					40	41		37	42	
La Jolla Country Day	240	19	5	15					21	26	30		
La Mirada	223	55	3	4	3	6	5	2	1	10	11		
La Puente	500	14	4						20	26	25		
La Quinta (wes)	225	8	2							93	92		
La Quinta(lq)	226	45	1	77	76	79	78	81	80	71	72		
La Reina	227	10	5	15		17				28			
La Salle	499	24	4	15	14	17	16			26	23		
La Serna	228	67	2	53	52	56	55	66	65	64			59
Laguna Creek	218	25	2					58	57	64	63		
Laguna Hills	220	40	4	15	14	17	16	19	20	24	23		
Lakewood	222	27	1	77	76	79			82	73	74		
Lancaster	224	24	1				78		80	73	70		
Lawndale	229	28	3		3	6	5		1		7		
Leigh	232	30	2		90		88		86	93	92		
Leuzinger	233	33	3	4	3	6		2	1	12	9		
Liberty (bak)	235	27	2					85	65		63	60	
Liberty (bre)	234	14	1							75	72		
Liberty (win)	230	7	3							8			
Liberty Madera	238	15	4					19	20	24	23		
Lifeline Edu. Charter	237	12	5	15	18	17				26	30		
Littlerock	239	11	3							10	11		

school name	team ID	#athletes	CIF div	girls	boys	girls	boys	girls	boys	girls	boys	sweepstakes	
				FR	FR	SO	SO	JV	JV	VA	VA	girls	boys
Loma Linda Acad.	242	24	5						21	28	29		
Long Beach Poly	330	79	1	53	52	56	55	66	65		63	62	
Los Altos	245	24	3					2	1	12	7		
Los Osos	244	35	1	77	76	79	78		82	75	74		
Louisville	246	5	5							28			
Loyola	247	34	1		51		54		57				61
Lucerne Valley	248	5	5		18		16			26	27		
M.L. King (riv)	211	31	1					66	65	64			61
Madera	250	15	2						86	95	94		
Malibu	252	10	5				16			28	27		
Mammoth	253	12	5							26	29		
Maranatha	254	29	5		18			19	21	26	30		
Maranatha Christian	249	8	5			17					27		
Marina	256	34	2	89	90		88	85	86	93	94		
Mark Keppel	251	26	2	89	90	87	88		86	91	96		
Marlborough	257	25	4	15		17		19		22			
Marshall Fundamental	255	35	4		14		16	19	20	24	25		
Marymount (la)	258	31	4	15		17		19		22			
Mater Dei (sd)	262	18	4					19	20	24	23		
Mayfair (lak)	259	42	3	4	3	6	5	2	1	8	9		
Mayfield	282	22	4	15				19		22			
McFarland	260	50	4	34	35	36	39	40	33	38	37		
Mendez LC	269	12	4							22	23		
Miguel Contreras LC	261	17	4		14	17	16	19	20	24	25		
Milken Community	268	21	3			6			1	10	11		
Millikan	265	67	1	53	52		55	66	65			60	59
Mira Costa	263	114	1	53	51	56	54	58	57			62	61
Mira Mesa	266	21	2						86	91	92		
Mission Hills	264	47	1	77	76			81	80	71	70		
Mission Oak	271	13	4							22	25		
Mission Viejo	267	56	3	4	3	6	5	2	1	10	7		
Moapa Valley (NV)	275	10	4		35		39						45
Monroe	272	39	3				5	2	1	12	9		
Monrovia	274	29	3					2	1	12	11		
Moorpark	273	67	3	34	35	36	39	40	41			42	43
Moreno Valley	276	13	2		90	87	88			95	92		
Morro Bay	270	14	4							24	23		
Mount Miguel	279	7	4										45
Mountain View (em)	277	21	4						20	24	25		
Mt. Carmel	278	14	2							93	94		
Murrieta Mesa	280	21	2	89	90		88		86	91	96		
Murrieta Valley	281	23	2	89	90		88		86		92		
New West Charter	301	13	4							22	23		
Newbury Park	284	36	2	53	51	56	54		57	64		61	
Nipomo	285	14	4							22	25		
Norco	289	27	2	53	52	56	55		65	64	63		
Nordhoff	290	35	4		14	17	16	19	20	24	23		
Norte Vista	296	36	3	4	3	6	5		1	8	7		
North Hollywood	288	1	1							71			
North Tahoe	299	14	5								37	42	
North Torrance	292	35	3	4	3	6	5	2	1	10	7		
Northgate	287	45	1	77	76		78	81	82	75	72		



school name	team ID	#athletes	CIF div	girls	boys	girls	boys	girls	boys	girls	boys	sweepstakes	
				FR	FR	SO	SO	JV	JV	VA	VA	girls	boys
Northview	297	20	4	15	14	17	16		20	24	25		
Northwood	298	14	2							95	94		
Norwalk	291	38	3	4	3	6			1	8	9		
Notre Dame (so)	286	18	3						1	10	11		
Notre Dame Prep (AZ)	293	23	4					19	20	22	25		
Notre Dame(riv)	283	11	5		18				21	28	29		
NOVA Acad. Early College	294	9	5			17					30		
Novato	295	10	4							22	23		
Nueva	300	14	5		35		39					44	45
Oak Hills	302	33	1	77	76	79	78		82	73	70		
Oak Park	304	65	3	34	35	36	39	40	33			42	43
Oakmont	303	33	3		3			2	1	8	7		
Oakwood (nh)	305	16	5						21	26	27		
Ocean View (hb)	306	46	4	15	14	17	16	19	20	24	23		
Ojai Valley	307	2	5								29		
Ontario	309	37	2	89	90	87	88	85	86	91	94		
Ontario Christian	308	12	5		18		16	19			27		
Orange	310	16	3			6			1	10	9		
Orange Vista	498	42	1	77	76	79	78	81	82	75	74		
Our Lady of Peace	13	8	4			17				22			
Oxford Academy	311	39	4	15	14	17			20	22	25		
Oxnard	312	61	1	77	76	79	78	81	80	73	74		
Pacifica (gg)	315	58	3	4	3	6	5	2	1	12	11		
Pacifica Christian (sm)	313	6	5		18								
Palisades	317	14	1									60	61
Palmdale	314	7	2								96		
Palos Verdes	336	43	4		35			40	41			42	43
Paraclete	319	22	5	15	18	17		19	21	28	29		
Paramount	318	22	1	77	76	79	78			73	72		
Pasadena	321	25	3		3				1	8	7		
Pasadena Poly	331	31	5	34	35			40	41		37	44	
Patrick Henry	316	34	1		76		78	81	82	75	70		
Patriot	322	48	1	77	76	79	78	81	80	71	72		
Peninsula	323	70	2	53	51	56	54	58	65		63	62	
Petaluma	324	1	4									44	
Pilgrim	325	15	5	15	18		16			26	30		
Pittsburg	326	34	1					81	80	73	74		
Pleasant Grove	327	55	1	77	76		78	81	80	75	70		
Poly (riv)	332	61	1	53	51	56	54	58	65			60	59
Pomona Catholic	329	14	5	15		17				26			
Portola (irv)	335	48	1	53	52		54		65		63	60	
Poway	333	14	1									62	61
Providence	334	15	5	15	18		16			28	27		
Quartz Hill	337	55	1	77	76	79	78	81	80	71	72		
Ramona (ram)	341	22	3	4	3	6	5			12	7		
Ramona (riv)	343	14	2							93	92		
Ramona Convent	340	25	5	15		17		19		28			
Rancho Alamitos	338	9	3				5				9		
Rancho Bernardo	345	14	1							64			59
Rancho Cucamonga	339	81	1	53	52	56	55	66	65			60	61
Rancho Mirage	342	27	3		3	6	5	2	1	10	9		
Rancho Verde	344	43	2		90		88	85	86	95	94		

school name	team ID	#athletes	CIF div	girls	boys	girls	boys	girls	boys	girls	boys	sweepstakes	
				FR	FR	SO	SO	JV	JV	VA	VA	girls	boys
Redlands	346	45	2	89	90		88	85	86	91	96		
Redondo	347	120	1	53	51	56	54	58	57			60	59
Redwood (vis)	348	28	1	77	76		78	81	80	73	74		
Rialto	350	14	1							75	70		
Rim Of The World	352	36	4		35		39	40	41			42	43
Rio Mesa	351	43	1		76		78		80	71	72		
Robert F. Kennedy	349	13	1							71	74		
Roosevelt (eas)	353	71	1	77	76	79	78	81	82	73	74		
Rosary (ful)	354	13	4	15		17				24			
Rosemead	355	14	3							12	11		
Rowland	356	62	3	34	35	36	39	40	41			44	45
Royal (sv)	357	29	3	4	3	6	5	2		8	7		
Sacramento Country Day	103	9	5	34	35	36							45
Sacred Heart Of Jesus	394	18	5	15				19		26			
Saddleback	363	37	4	15	14	17	16	19	20	24	25		
Sage Creek	367	40	3	34	35	36	39	40	41			44	43
Sage Hill	391	35	5					40	33		37	42	
Saint Joseph	503	17	4	15		17		19		26			
Samueli Academy	430	37	5		35		39	40	33		37	44	
San Bernardino	360	18	3	4	3		5	2		10	11		
San Clemente	383	39	1	53	52	56			57				61
San Dieguito Acad.	362	14	2							93	92		
San Dimas	364	13	4	15			16			24	23		
San Fernando	390	22	3					2		10	9		
San Gabriel	366	11	3		3	6	5			12	11		
San Geronio	368	30	3	4	3	6	5		1	12	11		
San Juan Hills	398	68	1	77	76	79	78	81	80	75	70		
San Leandro	369	7	1								72		
San Luis Obispo	370	27	3	4		6	5			8	7		
San Marcos (sb)	371	59	2	89	90	87	88	85	86	95	94		
San Marcos (sm)	400	14	1							71	74		
San Marino	402	21	4		35				41			44	45
San Pasqual	376	14	2							91	96		
San Pedro	377	49	1	77	76	79	78	81	82	73	70		
Santa Ana	358	71	1	53	51	56	54	58	65		63	60	
Santa Ana Valley	379	9	2		90		88			95	94		
Santa Barbara	359	34	2	53	52			66	57	64			61
Santa Clara (oxn)	361	4	5		18	17	16				30		
Santa Clarita Christian	382	8	5		18	17	16			28			
Santa Fe (sfs)	365	23	3						1	10	9		
Santa Fe Christian	374	9	5							38			45
Santa Margarita	421	46	3	34	35	36	39	40	41			42	43
Santa Monica	372	76	1	53	52	56	55	66	65		63	62	
Santa Paula	403	24	3	4			5	2	1	12	7		
Santa Ynez	381	6	4		14	17					23		
Santana	375	23	3					2	1	8	11		
Santee EC	404	33	3	89				85	86	91	96		
Santiago (cor)	405	67	1	53	51	56	54	58	57		63	62	
Santiago (gg)	406	54	3	4	3		5	2	1	12	9		
Saugus	378	78	1	53	52	56	55	66	65			62	59
Savanna	380	21	3		35	36	39		41	38			45
Scripps Ranch	384	14	2							93	92		

school name	team ID	#athletes	CIF div	girls	boys	girls	boys	girls	boys	girls	boys	sweepstakes	
				FR	FR	SO	SO	JV	JV	VA	VA	girls	boys
Segerstrom	386	50	2	89	90	87	88	85	86	95	94		
Serra (sd)	387	8	4				16				25		
Serrano	388	29	2	89	90	87	88	85	86	95	96		
Servite	389	34	3		35		39		41				43
Shadow Hills	393	37	3	34	35	36		40	33		37	42	
Shafter	392	32	3	4	3	6	5	2	1	8	7		
Sherman Oaks CES	408	15	3						1	8	9		
Sierra Vista	396	24	3						1	10	11		
Silver Valley	397	17	5		18	17	16		21		27		
Simi Valley	395	27	3	4	3	6			1	10	7		
Sonora (lh)	410	41	3		3			2	1	12	9		
South Anchorage (AK)	373	13	4						20	22	23		
South Bakersfield	407	16	4	15		17				22	25		
South Hills	409	36	3	4		6	5	2	1	8	11		
South Pasadena	411	83	4	34	35	36	39	40	33			42	43
South Torrance	412	69	3	34	35	36	39	40	33		37	42	
Southlands Christian	399	1	5							26			
St. Anthony (lb)	413	22	5	15	18	17	16	19	21	28	29		
St. Bonaventure	414	13	5		18					26	30		
St. Francis (lc)	416	22	4		35		39		33				43
St. Genevieve	417	13	5							28	30		
St. John Bosco	418	24	4		35		39		33				43
St. Joseph (sm)	419	7	5	15		17	16			28			
St. Lucys	420	12	5					19		26			
St. Margarets	423	38	5	15	18		16	19	21	26	27		
St. Mary's Academy	422	10	5	15						28			
St. Monica Academy	401	11	5			17			21		29		
St. Paul	425	14	5	15	18	17	16				30		
St. Pius X - St. Matthias Academy	328	18	5		18		16		21	26	27		
Steele Canyon	415	32	2	89	90	87		85	86	93	92		
Stockdale	424	34	2					85	86	91	94		
Sultana	502	7	2								96		
Summit (fon)	427	7	1								72		
Sun Valley Magnet	428	26	5					19	21	28	29		
Sunny Hills	426	37	1	77	76	79	78	81	80	75	74		
Sylmar	429	12	2							91	96		
Taft (wh)	431	16	1			79			80	73	70		
Tehachapi	435	14	4	15	14	17	16			22	25		
Temecula Prep	437	13	5					19		28	29		
Temescal Canyon	433	38	2	89	90	87	88	85	86	93	92		
Temple City	434	65	3	4	3	6	5	2	1	10	7		
Terra Linda	436	14	4	15	14		16			22	23		
Tesoro	438	62	2	89	90	87	88	85	86	95	94		
Thacher	439	15	5					19		26	30		
The Bishop's School	432	2	5								37	44	
The SEED School Of Los Angeles Count	385	13	5	15	18		16						
Thousand Oaks	440	42	3	4	3	6		2	1	12	9		
Torrance	443	69	3	4	3	6	5	2	1	8	11		
Torres	442	14	3							38			43
Torrey Pines	441	76	1	53	51	56	54	58	57			62	61
Trabuco Hills	445	49	1		51		54		57				61
Trinity Classical Acad.	444	18	5						21	28	27		

school name	team ID	#athletes	CIF div	girls	boys	girls	boys	girls	boys	girls	boys	girls	boys	sweepstakes	
				FR	FR	SO	SO	JV	JV	VA	VA	girls	boys		
Troy	446	57	1	77	76	79	78	81	80	71	72				
Truckee	447	18	4		35		39	40			37	44			
United Christian Acad.	448	10	5							26	27				
University (irv)	450	109	2	53	51	56	54	58	65		63	60			
University (la)	452	12	3								94				
University City	449	29	3					40	41			42	45		
University Prep (vic)	451	21	4				16		20		25				
Upland	453	48	1	77	76	79	78	81	82	73	74				
Valencia (pla)	455	69	1	77	76	79	78	81	80	75	70				
Valencia (val)	454	61	1	77	76	79	78	81	82	71	72				
Valley Christian (cer)	458	23	5		18				21	26	29				
Valley Lutheran (AZ)	470	1	5								27				
Valley View	457	41	1	77	76	79	78		80	71	74				
Vasquez	456	14	5							28	30				
Venice	461	22	1	77	76		78			73	70				
Ventura	462	64	2	53	51	56	54	58	57			62	61		
Verbum Dei	459	26	4		14		16		20		23				
Verdugo Hills	460	8	4							38	37				
Viewpoint	467	44	5		35		39	40	41			42	43		
Villa Park	466	43	2	89	90		88	85	86	93	96				
Village Christian	495	9	5	15		17					27				
Vintage	465	16	2				88	85		91	92				
Virgin Valley (NV)	469	19	4						20	24	23				
Vista (vis)	468	12	2							95	96				
Vista Grande (AZ)	463	12	3							12	7				
Vista Meridian	471	7	5			17	16				29				
Vista Murrieta	464	85	1	53	52	56	55	66	65		63	62			
Walnut	472	46	2	53	52	56	55	66	65		63	60			
Warren	473	74	1	77	76	79	78	81	82	73	70				
Wasco	474	18	3	4		6		2		10	9				
West Anchorage (AK)	504	1	3							38					
West Covina	501	50	3	34	35	36	39	40	41		37	44			
West Hills	476	37	3		3		5	2	1	12	11				
West Ranch	479	52	3	34	35	36	39	40	41	38			43		
West Shores	491	9	5		18	17	16			26	30				
West Torrance	481	81	3	34	35	36	39	40	41			42	43		
Westlake	477	47	2	89	90	87	88	85	86	93	92				
Westminster	478	13	1	77	76	79	78								
Westridge	480	14	5					19		26					
Westview (sd)	482	14	2									60	61		
Whittier	484	45	3	4	3	6	5	2	1	10	9				
Whittier Christian	483	11	5	15	18		16			28	29				
Wildwood (la)	486	7	5										45		
Will C. Wood	475	23	3	4	3		5			12	9				
Wilson (hh)	488	44	4	15	14		16	19	20	22	25				
Wilson (lb)	485	53	1	77	76	79	78	81	82	75	72				
Windward (la)	487	13	5						33	38			43		
Wiseburn - Da Vinci	130	51	3	4	3	6	5	2	1	8	11				
Woodbridge	489	50	2		90		88	85	86	95	94				
Workman (coi)	490	3	4			17	16								
Xavier College Prep (pd)	492	28	5	34	35	36			41		37	44			
Yeshiva	494	12	3			6			1	10	7				

**school name**

school name	team ID	#athletes	CIF div	girls FR	boys FR	girls SO	boys SO	girls JV	boys JV	girls VA	boys VA	sweepstakes	
												girls	boys
Yorba Linda	493	36	3	34	35	36	39	40	33			42	43



# RACE SCHEDULE

## HIGH SCHOOL DIVISION

*The World's Largest Cross Country Competition*



### FRIDAY | OCTOBER 20, 2023

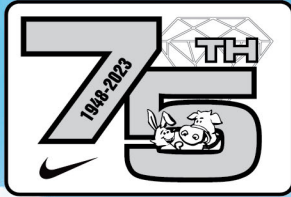
#	DIV.	GEN	RACE	COLOR	TIME
1	3	M	Junior Varsity	Red	10:00 AM
2	3	F	Junior Varsity	Yellow	10:08 AM
3	3	M	Freshman	Blue	10:22 AM
4	3	F	Freshman	Green	10:30 AM
5	3	M	Sophomore	Red	10:44 AM
6	3	F	Sophomore	Yellow	10:52 AM
7	3	M	Varsity	Blue	11:06 AM
8	3	F	Varsity	Green	11:13 AM
9	3	M	Varsity	Red	11:26 AM
10	3	F	Varsity	Yellow	11:33 AM
11	3	M	Varsity	Blue	11:46 AM
12	3	F	Varsity	Green	11:53 AM
14	4	M	Freshman	Red	12:05 PM
15	4&5	F	Freshman	Yellow	12:12 PM
16	4&5	M	Sophomore	Blue	12:26 PM
17	4&5	F	Sophomore	Green	12:32 PM
18	5	M	Freshman	Red	12:46 PM
19	4&5	F	Junior Varsity	Yellow	12:54 PM
20	4	M	Junior Varsity	Blue	1:09 PM
21	5	M	Junior Varsity	Green	1:22 PM
22	4	F	Varsity	Red	1:34 PM
23	4	M	Varsity	Yellow	1:47 PM
24	4	F	Varsity	Blue	1:54 PM
25	4	M	Varsity	Green	2:07 PM
26	5	F	Varsity	Red	2:14 PM
27	5	M	Varsity	Yellow	2:27 PM
28	5	F	Varsity	Blue	2:34 PM
29	5	M	Varsity	Green	2:48 PM
30	5	M	Varsity	Red	3:00 PM
33	3,4&5	M	Junior Varsity	Yellow	3:11 PM
34	3,4&5	F	Freshman	Blue	3:19 PM
35	3,4&5	M	Freshman	Green	3:33 PM
36	3,4&5	F	Sophomore	Red	3:41 PM
37	3,4&5	M	Varsity	Yellow	3:56 PM
38	3,4&5	F	Varsity	Blue	4:04 PM
39	3,4&5	M	Sophomore	Green	4:18 PM
40	3,4&5	F	Junior Varsity	Red	4:26 PM
41	3,4&5	M	Junior Varsity	Yellow	4:39 PM
42	3,4&5	F	Team Sweepstakes	Blue	4:55 PM
43	3,4&5	M	Team Sweepstakes	Green	5:13 PM
44	3,4&5	F	Individual Sweepstakes	Red	5:31 PM
45	3,4&5	M	Individual Sweepstakes	Yellow	5:50 PM

### SATURDAY | OCTOBER 21, 2023

#	DIV.	GEN	RACE	COLOR	TIME
51	1&2	M	Freshman	Blue	7:30 AM
52	1&2	M	Freshman	Green	7:43 AM
53	1&2	F	Freshman	Red	7:50 AM
54	1&2	M	Sophomore	Yellow	8:04 AM
55	1&2	M	Sophomore	Blue	8:17 AM
56	1&2	F	Sophomore	Green	8:24 AM
57	1&2	M	Junior Varsity	Red	8:39 AM
58	1&2	F	Junior Varsity	Yellow	8:46 AM
59	1&2	M	Individual Sweepstakes	Blue	9:02 AM
60	1&2	F	Individual Sweepstakes	Green	9:22 AM
61	1&2	M	Team Sweepstakes	Red	9:42 AM
62	1&2	F	Team Sweepstakes	Yellow	10:02 AM
63	1&2	M	Varsity	Blue	10:16 AM
64	1&2	F	Varsity	Green	10:24 AM
65	1&2	M	Junior Varsity	Red	10:38 AM
66	1&2	F	Junior Varsity	Yellow	10:46 AM
70	1	M	Varsity	Blue	11:01 AM
71	1	F	Varsity	Green	11:08 AM
72	1	M	Varsity	Red	11:21 AM
73	1	F	Varsity	Yellow	11:28 AM
74	1	M	Varsity	Blue	11:42 AM
75	1	F	Varsity	Green	11:49 AM
76	1	M	Freshman	Red	12:03 PM
77	1	F	Freshman	Yellow	12:11 PM
78	1	M	Sophomore	Blue	12:27 PM
79	1	F	Sophomore	Green	12:35 PM
80	1	M	Junior Varsity	Red	12:51 PM
81	1	F	Junior Varsity	Yellow	12:59 PM
82	1	M	Junior Varsity	Blue	1:14 PM
85	2	F	Junior Varsity	Green	3:10 PM
86	2	M	Junior Varsity	Red	3:26 PM
87	2	F	Sophomore	Yellow	3:34 PM
88	2	M	Sophomore	Blue	3:50 PM
89	2	F	Freshman	Green	3:58 PM
90	2	M	Freshman	Red	4:14 PM
91	2	F	Varsity	Yellow	4:22 PM
92	2	M	Varsity	Blue	4:38 PM
93	2	F	Varsity	Green	4:46 PM
94	2	M	Varsity	Red	5:02 PM
95	2	F	Varsity	Yellow	5:10 PM
96	2	M	Varsity	Blue	5:26 PM

*Denotes race numbering gap*





# MT. SAC XC INVITE



OCTOBER 13, 20 & 21, 2023 □ MT. SAC XC COURSE □ WALNUT, CA

high school division race entries

## RACE ENTRY LIST

updated 10/18/2023 11:08:16 PM

### Race #1 - 10:00 AM

#### HS Division 3

#### Boys JV Open Red Wristband

#### 3.0 Miles

Bonita (lv)  
Century  
Corona Del Mar  
Del Oro  
Don Lugo  
Granite Hills (av)  
Independence (bak)  
Indian Springs  
Kaiser (fon)  
La Mirada  
Lawndale  
Leuzinger  
Los Altos  
Mayfair (lak)  
Milken Community  
Mission Viejo  
Monroe  
Monrovia  
Norte Vista  
North Torrance  
Norwalk  
Notre Dame (so)  
Oakmont  
Orange  
Pacifica (gg)  
Pasadena  
Rancho Mirage  
San Geronio  
Santa Fe (sfs)  
Santa Paula  
Santana  
Santiago (gg)  
Shafter  
Sherman Oaks CES  
Sierra Vista  
Simi Valley  
Sonora (lh)

South Hills  
Temple City  
Thousand Oaks  
Torrance  
West Hills  
Whittier  
Wiseburn - Da Vinci  
Yeshiva

### Race #2 - 10:08 AM

#### HS Division 3

#### Girls JV Open Yellow Wristband

#### 3.0 Miles

Agoura  
Bonita (lv)  
Buena  
Chino  
Del Oro  
Don Lugo  
Gahr  
Granite Hills (av)  
Independence (bak)  
Kaiser (fon)  
La Mirada  
Leuzinger  
Los Altos  
Mayfair (lak)  
Mission Viejo  
Monroe  
Monrovia  
North Torrance  
Oakmont  
Pacifica (gg)  
Rancho Mirage  
Royal (sv)  
San Bernardino  
San Fernando  
Santa Paula  
Santana  
Santiago (gg)  
Shafter

Sonora (lh)  
South Hills  
Temple City  
Thousand Oaks  
Torrance  
Wasco  
West Hills  
Whittier  
Wiseburn - Da Vinci

### Race #3 - 10:22 AM

#### HS Division 3

#### Boys Frosh Blue Wristband

#### 3.0 Miles

Azusa  
Barstow  
Bonita (lv)  
Buena  
Calabasas  
Century  
Corona Del Mar  
Del Oro  
Granite Hills (av)  
Hawthorne  
Hillcrest (riv)  
Hoover (gle)  
Independence (bak)  
Kaiser (fon)  
La Mirada  
Lawndale  
Leuzinger  
Mayfair (lak)  
Mission Viejo  
Norte Vista  
North Torrance  
Norwalk  
Oakmont  
Pacifica (gg)  
Pasadena  
Ramona (ram)  
Rancho Mirage

Royal (sv)  
San Bernardino  
San Gabriel  
San Geronio  
Santiago (gg)  
Shafter  
Simi Valley  
Sonora (lh)  
Temple City  
Thousand Oaks  
Torrance  
West Hills  
Whittier  
Will C. Wood  
Wiseburn - Da Vinci

### Race #4 - 10:30 AM

#### HS Division 3

#### Girls Frosh Green Wristband

#### 3.0 Miles

Barstow  
Bonita (lv)  
Buena Park  
Calabasas  
Carondelet  
Century  
Granite Hills (av)  
Hawthorne  
Hillcrest (riv)  
Hoover (gle)  
Independence (bak)  
Kaiser (fon)  
La Mirada  
Leuzinger  
Mayfair (lak)  
Mission Viejo  
Norte Vista  
North Torrance  
Norwalk  
Pacifica (gg)  
Ramona (ram)

Royal (sv)  
San Bernardino  
San Geronio  
San Luis Obispo  
Santa Paula  
Santiago (gg)  
Shafter  
Simi Valley  
South Hills  
Temple City  
Thousand Oaks  
Torrance  
Wasco  
Whittier  
Will C. Wood  
Wiseburn - Da Vinci

### Race #5 - 10:44 AM

#### HS Division 3

#### Boys Soph Red Wristband

#### 3.0 Miles

Arvin  
Azusa  
Barstow  
Bonita (lv)  
Buena  
Calabasas  
Carter  
Century  
Corona Del Mar  
Gahr  
Hawthorne  
Hillcrest (riv)  
Hoover (gle)  
Independence (bak)  
Kaiser (fon)  
La Mirada  
Lawndale  
Mayfair (lak)  
Mission Viejo  
Monroe



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# high school division race entries

## RACE ENTRY LIST

updated 10/18/2023 11:08:16 PM

Norte Vista  
North Torrance  
Pacifica (gg)  
Ramona (ram)  
Rancho Alamitos  
Rancho Mirage  
Royal (sv)  
San Bernardino  
San Gabriel  
San Gorgonio  
San Luis Obispo  
Santa Paula  
Santiago (gg)  
Shafter  
South Hills  
Temple City  
Torrance  
West Hills  
Whittier  
Will C. Wood  
Wiseburn - Da Vinci

**Race #6 - 10:52 AM**

**HS Division 3**

**Girls Soph**

**Yellow Wristband**

**3.0 Miles**

Azusa  
Barstow  
Bonita (lv)  
Buena Park  
Calabasas  
Carondelet  
Century  
Hawthorne  
Hillcrest (riv)  
Hoover (gle)  
Independence (bak)  
Kaiser (fon)  
La Mirada  
Lawndale  
Leuzinger  
Mayfair (lak)  
Milken Community  
Mission Viejo  
Norte Vista  
North Torrance  
Norwalk  
Orange  
Pacifica (gg)  
Ramona (ram)  
Rancho Mirage  
Royal (sv)

San Gabriel  
San Gorgonio  
San Luis Obispo  
Shafter  
Simi Valley  
South Hills  
Temple City  
Thousand Oaks  
Torrance  
Wasco  
Whittier  
Wiseburn - Da Vinci  
Yeshiva

**Race #7 - 11:06 AM**

**HS Division 3**

**Boys Varsity**

**Blue Wristband**

**3.0 Miles**

Bloomington  
Buena  
Century  
Charter Oak  
Diamond Ranch  
El Monte  
Gahr  
Hillcrest (riv)  
Indian Springs  
Kaiser (fon)  
Lawndale  
Los Altos  
Mission Viejo  
Norte Vista  
North Torrance  
Oakmont  
Pasadena  
Ramona (ram)  
Royal (sv)  
San Luis Obispo  
Santa Paula  
Shafter  
Simi Valley  
Temple City  
Vista Grande (AZ)  
Yeshiva

**Race #8 - 11:13 AM**

**HS Division 3**

**Girls Varsity**

**Green Wristband**

**3.0 Miles**

Arvin  
Barstow

Buena  
Buena Park  
Calabasas  
Chino  
Don Lugo  
Gahr  
Galileo Acad.  
Granite Hills (av)  
Hoover (gle)  
Kaiser (fon)  
Kimball  
Liberty (win)  
Mayfair (lak)  
Norte Vista  
Norwalk  
Oakmont  
Pasadena  
Royal (sv)  
San Luis Obispo  
Santana  
Shafter  
Sherman Oaks CES  
South Hills  
Torrance  
Wiseburn - Da Vinci

**Race #9 - 11:26 AM**

**HS Division 3**

**Boys Varsity**

**Red Wristband**

**3.0 Miles**

Arvin  
Buhach Colony  
Calabasas  
Carter  
Corona Del Mar  
Don Lugo  
Galileo Acad.  
Granite Hills (av)  
Hoover (gle)  
Irvine  
Kimball  
Leuzinger  
Mayfair (lak)  
Monroe  
Norwalk  
Orange  
Rancho Alamitos  
Rancho Mirage  
San Fernando  
Santa Fe (sfs)  
Santiago (gg)  
Sherman Oaks CES

Sonora (lh)  
Thousand Oaks  
Wasco  
Whittier  
Will C. Wood

**Race #10 - 11:33 AM**

**HS Division 3**

**Girls Varsity**

**Yellow Wristband**

**3.0 Miles**

Bloomington  
Carondelet  
Carter  
Century  
Corona Del Mar  
Del Oro  
El Capitan (lak)  
Garey  
Hawthorne  
Independence (bak)  
La Mirada  
Littlerock  
Milken Community  
Mission Viejo  
North Torrance  
Notre Dame (so)  
Orange  
Rancho Mirage  
San Bernardino  
San Fernando  
Santa Fe (sfs)  
Sierra Vista  
Simi Valley  
Temple City  
Wasco  
Whittier  
Yeshiva

**Race #11 - 11:46 AM**

**HS Division 3**

**Boys Varsity**

**Blue Wristband**

**3.0 Miles**

Azusa  
Barstow  
Bonita (lv)  
Casa Grande  
Chino  
Del Oro  
El Capitan (lak)  
Garey  
Hawthorne

Heritage (men)  
Independence (bak)  
Jurupa Hills  
La Mirada  
Littlerock  
Milken Community  
Monrovia  
Notre Dame (so)  
Pacifica (gg)  
Rosemead  
San Bernardino  
San Gabriel  
San Gorgonio  
Santana  
Sierra Vista  
South Hills  
Torrance  
West Hills  
Wiseburn - Da Vinci

**Race #12 - 11:53 AM**

**HS Division 3**

**Girls Varsity**

**Green Wristband**

**3.0 Miles**

Agoura  
Azusa  
Bonita (lv)  
Buhach Colony  
Casa Grande  
Diamond Ranch  
El Monte  
Heritage (men)  
Hillcrest (riv)  
Indian Springs  
Irvine  
Jurupa Hills  
Leuzinger  
Los Altos  
Monroe  
Monrovia  
Pacifica (gg)  
Ramona (ram)  
Rosemead  
San Gabriel  
San Gorgonio  
Santa Paula  
Santiago (gg)  
Sonora (lh)  
Thousand Oaks  
Vista Grande (AZ)  
West Hills  
Will C. Wood



# high school division race entries

## RACE ENTRY LIST

updated 10/18/2023 11:08:17 PM

### Race #14 - 12:05 PM

#### HS Division 4

#### Boys Frosh

#### Red Wristband

#### 3.0 Miles

Baldwin Park  
Banning (ban)  
Bishop Alemany  
Blair  
Cabrillo (lom)  
Carpinteria  
Castaic  
Chaminade  
Classical Academy  
Costa Mesa  
Covina  
Crawford  
Crean Lutheran  
Crespi  
Damien  
El Segundo  
Excelsior Education Center  
Gabrielino  
Half Moon Bay  
Harvard Westlake  
John Glenn  
La Salle  
Laguna Hills  
Marshall Fundamental  
Miguel Contreras LC  
Nordhoff  
Northview  
Ocean View (hb)  
Oxford Academy  
Saddleback  
Santa Ynez  
Tehachapi  
Terra Linda  
Verbum Dei  
Wilson (hh)

### Race #15 - 12:12 PM

#### HS Division 4&5

#### Girls Frosh

#### Yellow Wristband

#### 3.0 Miles

Banning (ban)  
Blair  
Buckley  
Cabrillo (lom)  
Cal. Acad. Math/Science  
Calvary Chapel (dow)  
Calvary Chapel(sa)

Carpinteria  
Castaic  
Central City Value  
Chadwick  
Chaminade  
Christian  
Classical Academy  
Costa Mesa  
Crawford  
Cristo Rey (sa)  
Del Sol  
El Segundo  
Entrepreneur  
Estancia  
Excelsior Education Center  
Farmersville  
Firebaugh  
Flintridge Prep  
Flintridge Sacred Heart  
Harvard Westlake  
Hawthorne Math & Science  
Heritage Christian  
Hesperia Christian  
High Tech High Mesa  
Immaculate (la)  
La Jolla Country Day  
La Reina  
La Salle  
Laguna Hills  
Lifeline Edu. Charter  
Marlborough  
Marymount (la)  
Mayfield  
Northview  
Ocean View (hb)  
Oxford Academy  
Paraclete  
Pilgrim  
Pomona Catholic  
Providence  
Ramona Convent  
Rosary (ful)  
Sacred Heart Of Jesus  
Saddleback  
Saint Joseph  
San Dimas  
South Bakersfield  
St. Anthony (lb)  
St. Joseph (sm)  
St. Margarets  
St. Mary's Academy  
St. Paul  
Tehachapi

Terra Linda  
The SEED School Of Los Angel  
Village Christian  
Whittier Christian  
Wilson (hh)

### Race #16 - 12:26 PM

#### HS Division 4&5

#### Boys Soph

#### Blue Wristband

#### 3.0 Miles

Academy of Careers and Expl.  
Banning (ban)  
Buckley  
Cabrillo (lom)  
Cal. Acad. Math/Science  
Carpinteria  
Castaic  
Central City Value  
Chadwick  
Chaminade  
Christian  
Classical Academy  
Costa Mesa  
Covina  
Crawford  
Damien  
El Segundo  
Excelsior Education Center  
Flintridge Prep  
Gabrielino  
Half Moon Bay  
Harvard Westlake  
Hawthorne Math & Science  
Heritage Christian  
High Tech (sm)  
High Tech High Mesa  
John Glenn  
La Salle  
Laguna Hills  
Lucerne Valley  
Malibu  
Marshall Fundamental  
Miguel Contreras LC  
Nordhoff  
Northview  
Ocean View (hb)  
Ontario Christian  
Pilgrim  
Providence  
Saddleback  
San Dimas  
Santa Clara (oxn)

Santa Clarita Christian  
Serra (sd)  
Silver Valley  
St. Anthony (lb)  
St. Joseph (sm)  
St. Margarets  
St. Paul  
St. Pius X - St. Matthias Academ  
Tehachapi  
Terra Linda  
The SEED School Of Los Angel  
University Prep (vic)  
Verbum Dei  
Vista Meridian  
West Shores  
Whittier Christian  
Wilson (hh)  
Workman (coi)

### Race #17 - 12:32 PM

#### HS Division 4&5

#### Girls Soph

#### Green Wristband

#### 3.0 Miles

Buckingham Charter  
Cabrillo (lom)  
Canoga Park  
Carpinteria  
Central City Value  
Chadwick  
Chaminade  
Christian  
Classical Academy  
Costa Mesa  
Crawford  
El Segundo  
Entrepreneur  
Excelsior Education Center  
Flintridge Prep  
Flintridge Sacred Heart  
Frazier Mountain  
Gabrielino  
High Tech High Mesa  
John Glenn  
La Reina  
La Salle  
Laguna Hills  
Lifeline Edu. Charter  
Maranatha Christian  
Marlborough  
Marymount (la)  
Miguel Contreras LC  
Nordhoff

Northview  
NOVA Acad. Early College  
Ocean View (hb)  
Our Lady of Peace  
Oxford Academy  
Paraclete  
Pomona Catholic  
Ramona Convent  
Rosary (ful)  
Saddleback  
Saint Joseph  
Santa Clara (oxn)  
Santa Clarita Christian  
Santa Ynez  
Silver Valley  
South Bakersfield  
St. Anthony (lb)  
St. Joseph (sm)  
St. Monica Academy  
St. Paul  
Tehachapi  
Village Christian  
Vista Meridian  
West Shores  
Workman (coi)

### Race #18 - 12:46 PM

#### HS Division 5

#### Boys Frosh

#### Red Wristband

#### 3.0 Miles

Buckley  
Calvary Chapel (dow)  
Central City Value  
Chadwick  
Cristo Rey (sa)  
Del Sol  
Flintridge Prep  
Hawthorne Math & Science  
Heritage Christian  
Hesperia Christian  
High Tech (sm)  
High Tech High Mesa  
Lifeline Edu. Charter  
Lucerne Valley  
Maranatha  
Notre Dame(riv)  
Ontario Christian  
Pacifica Christian (sm)  
Paraclete  
Pilgrim  
Providence  
Santa Clara (oxn)



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# high school division race entries

## RACE ENTRY LIST

updated 10/18/2023 11:08:17 PM

Santa Clarita Christian  
Silver Valley  
St. Anthony (lb)  
St. Bonaventure  
St. Margarets  
St. Paul  
St. Pius X - St. Matthias Academ  
The SEED School Of Los Angel  
Valley Christian (cer)  
West Shores  
Whittier Christian

**Race #19 - 12:54 PM**  
**HS Division 4&5**  
**Girls JV Open**  
**Yellow Wristband**  
**3.0 Miles**

Aquinas  
Baldwin Park  
Banning (ban)  
Bishop Montgomery  
Bret Harte  
Canoga Park  
Cathedral City  
Chadwick  
Chaminade  
Classical Academy  
Costa Mesa  
Crawford  
Crean Lutheran  
El Segundo  
Farmersville  
Flintridge Prep  
Flintridge Sacred Heart  
Gabrielino  
Half Moon Bay  
Harvard Westlake  
Immaculate (la)  
Laguna Hills  
Liberty Madera  
Maranatha  
Marlborough  
Marshall Fundamental  
Marymount (la)  
Mater Dei (sd)  
Mayfield  
Miguel Contreras LC  
Nordhoff  
Notre Dame Prep (AZ)  
Ocean View (hb)  
Ontario Christian  
Paraclete  
Ramona Convent

Sacred Heart Of Jesus  
Saddleback  
Saint Joseph  
St. Anthony (lb)  
St. Lucys  
St. Margarets  
Sun Valley Magnet  
Temecula Prep  
Thacher  
Westridge  
Wilson (hh)

**Race #20 - 1:09 PM**  
**HS Division 4**  
**Boys JV Open**  
**Blue Wristband**  
**3.0 Miles**

Aquinas  
Baldwin Park  
Banning (ban)  
Bassett  
Bellflower  
Blair  
Cabrillo (lom)  
Canoga Park  
Cathedral City  
Chaminade  
Classical Academy  
Cobalt Institute of Math and Scie  
Costa Mesa  
Covina  
Crawford  
Crean Lutheran  
Damien  
El Segundo  
Excelsior Education Center  
Gabrielino  
Half Moon Bay  
Harvard Westlake  
John Glenn  
La Puente  
Laguna Hills  
Liberty Madera  
Marshall Fundamental  
Mater Dei (sd)  
Miguel Contreras LC  
Mountain View (em)  
Nordhoff  
Northview  
Notre Dame Prep (AZ)  
Ocean View (hb)  
Oxford Academy  
Saddleback

South Anchorage (AK)  
University Prep (vic)  
Verbum Dei  
Virgin Valley (NV)  
Wilson (hh)

**Race #21 - 1:22 PM**  
**HS Division 5**  
**Boys JV Open**  
**Green Wristband**  
**3.0 Miles**

Avalon  
Bret Harte  
Buckingham Charter  
Calexico Mission  
Calvary Chapel (dow)  
Central City Value  
Chadwick  
Community Charter Early Colleg  
EF Academy  
Fairmont Prep (ana)  
Flintridge Prep  
Hawthorne Math & Science  
Heritage Christian  
High Tech (sm)  
La Jolla Country Day  
Loma Linda Acad.  
Maranatha  
Notre Dame(riv)  
Oakwood (nh)  
Paraclete  
Silver Valley  
St. Anthony (lb)  
St. Margarets  
St. Monica Academy  
St. Pius X - St. Matthias Academ  
Sun Valley Magnet  
Trinity Classical Acad.  
Valley Christian (cer)

**Race #22 - 1:34 PM**  
**HS Division 4**  
**Girls Varsity**  
**Red Wristband**  
**3.0 Miles**

Archer  
Bassett  
Bishop Alemany  
Bishop Union  
Cabrillo (lom)  
Canoga Park  
Castaic  
Chaminade

Cobalt Institute of Math and Scie  
Crawford  
Crean Lutheran  
Escalon  
Excelsior Education Center  
Flintridge Sacred Heart  
Half Moon Bay  
Immaculate (la)  
James Lick  
Marlborough  
Marymount (la)  
Mayfield  
Mendez LC  
Mission Oak  
New West Charter  
Nipomo  
Notre Dame Prep (AZ)  
Novato  
Our Lady of Peace  
Oxford Academy  
South Anchorage (AK)  
South Bakersfield  
Tehachapi  
Terra Linda  
Wilson (hh)

**Race #23 - 1:47 PM**  
**HS Division 4**  
**Boys Varsity**  
**Yellow Wristband**  
**3.0 Miles**

Aquinas  
Banning (ban)  
Bellflower  
Cabrillo (lom)  
Cal. Acad. Math/Science  
Carpinteria  
Castaic  
Cathedral City  
Classical Academy  
Costa Mesa  
Crawford  
Crespi  
El Segundo  
Excelsior Education Center  
Firebaugh  
Half Moon Bay  
Harvard Westlake  
La Salle  
Laguna Hills  
Liberty Madera  
Mater Dei (sd)  
Mendez LC

Morro Bay  
New West Charter  
Nordhoff  
Novato  
Ocean View (hb)  
San Dimas  
Santa Ynez  
South Anchorage (AK)  
Terra Linda  
Verbum Dei  
Virgin Valley (NV)

**Race #24 - 1:54 PM**  
**HS Division 4**  
**Girls Varsity**  
**Blue Wristband**  
**3.0 Miles**

Abraham Lincoln  
Aquinas  
Baldwin Park  
Banning (ban)  
Bellflower  
Blair  
Carpinteria  
Cathedral City  
Classical Academy  
Costa Mesa  
Covina  
El Segundo  
Farmersville  
Gabrielino  
Harvard Westlake  
High Tech (cv)  
John Glenn  
Laguna Hills  
Liberty Madera  
Marshall Fundamental  
Mater Dei (sd)  
Miguel Contreras LC  
Morro Bay  
Mountain View (em)  
Nordhoff  
Northview  
Ocean View (hb)  
Rosary (ful)  
Saddleback  
San Dimas  
Virgin Valley (NV)



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# high school division race entries

## RACE ENTRY LIST

updated 10/18/2023 11:08:17 PM

### Race #25 - 2:07 PM

#### HS Division 4

#### Boys Varsity Green Wristband

#### 3.0 Miles

Abraham Lincoln  
Baldwin Park  
Bassett  
Bishop Alemany  
Bishop Union  
Blair  
Canoga Park  
Chaminade  
Cobalt Institute of Math and Scie  
Covina  
Crean Lutheran  
Damien  
Escalon  
Estancia  
Farmersville  
Gabrielino  
High Tech (cv)  
James Lick  
John Glenn  
La Puente  
Marshall Fundamental  
Miguel Contreras LC  
Mission Oak  
Mountain View (em)  
Nipomo  
Northview  
Notre Dame Prep (AZ)  
Oxford Academy  
Saddleback  
Serra (sd)  
South Bakersfield  
Tehachapi  
University Prep (vic)  
Wilson (hh)

### Race #26 - 2:14 PM

#### HS Division 5

#### Girls Varsity Red Wristband

#### 3.0 Miles

Avalon  
Buckingham Charter  
Buckley  
California Lutheran  
Calvary Chapel(sa)  
Calvin Christian  
Christian  
Flintridge Prep

Hawthorne Math & Science

Hesperia Christian  
High Tech (sm)  
La Jolla Country Day  
La Puente  
La Salle  
Lifeline Edu. Charter  
Lucerne Valley  
Mammoth  
Maranatha  
Oakwood (nh)  
Pilgrim  
Pomona Catholic  
Sacred Heart Of Jesus  
Saint Joseph  
Southlands Christian  
St. Bonaventure  
St. Lucys  
St. Margarets  
St. Pius X - St. Matthias Academ  
Thacher  
United Christian Acad.  
Valley Christian (cer)  
West Shores  
Westridge

### Race #27 - 2:27 PM

#### HS Division 5

#### Boys Varsity Yellow Wristband

#### 3.0 Miles

Academy of Careers and Expl.  
Avalon  
Buckley  
Calvary Chapel (dow)  
Calvary Chapel(sa)  
Campbell Hall  
Chadwick  
Flintridge Prep  
Hawthorne Math & Science  
High Tech (sm)  
Lucerne Valley  
Malibu  
Maranatha Christian  
Oakwood (nh)  
Ontario Christian  
Providence  
Silver Valley  
St. Margarets  
St. Pius X - St. Matthias Academ  
Trinity Classical Acad.  
United Christian Acad.  
Valley Lutheran (AZ)

Village Christian

### Race #28 - 2:34 PM

#### HS Division 5

#### Girls Varsity Blue Wristband

#### 3.0 Miles

Bret Harte  
Calvary Chapel (dow)  
Central City Value  
Chadwick  
Community Charter Early Colleg  
East Valley  
EF Academy  
Fairmont Prep (ana)  
Heritage Christian  
High Tech High Mesa  
La Reina  
Loma Linda Acad.  
Louisville  
Malibu  
Notre Dame(riv)  
Paraclete  
Providence  
Ramona Convent  
Santa Clarita Christian  
St. Anthony (lb)  
St. Genevieve  
St. Joseph (sm)  
St. Mary's Academy  
Sun Valley Magnet  
Temecula Prep  
Trinity Classical Acad.  
Vasquez  
Whittier Christian

### Race #29 - 2:48 PM

#### HS Division 5

#### Boys Varsity Green Wristband

#### 3.0 Miles

Bethel Christian (riv)  
Bret Harte  
Calvin Christian  
Community Charter Early Colleg  
Entrepreneur  
Fairmont Prep (ana)  
Frazier Mountain  
Hamilton  
Health Sciences High and MC  
Hesperia Christian  
High Tech High Mesa  
Loma Linda Acad.

Mammoth

Notre Dame(riv)  
Ojai Valley  
Paraclete  
St. Anthony (lb)  
St. Monica Academy  
Sun Valley Magnet  
Temecula Prep  
Valley Christian (cer)  
Vista Meridian  
Whittier Christian

### Race #30 - 3:00 PM

#### HS Division 5

#### Boys Varsity Red Wristband

#### 3.0 Miles

Buckingham Charter  
Calexico Mission  
California Lutheran  
Central City Value  
Christian  
East Valley  
EF Academy  
Heritage Christian  
La Jolla Country Day  
Lifeline Edu. Charter  
Maranatha  
NOVA Acad. Early College  
Pilgrim  
Santa Clara (oxn)  
St. Bonaventure  
St. Genevieve  
St. Paul  
Thacher  
Vasquez  
West Shores

### Race #33 - 3:11 PM

#### HS Division 3,4&5

#### Boys JV Open Yellow Wristband

#### 3.0 Miles

Agoura  
Arroyo (em)  
Bishop Montgomery  
Capo Valley  
Cate  
Cathedral (la)  
Cathedral Catholic (sd)  
Crossroads  
Desert Christian (lan)  
Esperanza

Foothill Technology

La Canada  
McFarland  
Oak Park  
Sage Hill  
Samueli Academy  
Shadow Hills  
South Pasadena  
South Torrance  
St. Francis (lc)  
St. John Bosco  
Windward (la)  
Yorba Linda

### Race #34 - 3:19 PM

#### HS Division 3,4&5

#### Girls Frosh Blue Wristband

#### 3.0 Miles

Arroyo (em)  
Bishop Amat  
Bishop Montgomery  
Canyon (cc)  
Capo Valley  
Desert Christian (lan)  
Esperanza  
Foothill Technology  
Francis Parker  
Fullerton  
La Canada  
McFarland  
Moorpark  
Oak Park  
Pasadena Poly  
Rowland  
Sacramento Country Day  
Sage Creek  
Santa Margarita  
Shadow Hills  
South Pasadena  
South Torrance  
West Covina  
West Ranch  
West Torrance  
Xavier College Prep (pd)  
Yorba Linda

### Race #35 - 3:33 PM

#### HS Division 3,4&5

#### Boys Frosh Green Wristband

#### 3.0 Miles

Agoura



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# high school division race entries

## RACE ENTRY LIST

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Arroyo (em)  
Bishop Montgomery  
Burrough(rid)  
Canyon (cc)  
Capo Valley  
Cathedral (la)  
Cathedral Catholic (sd)  
Citrus Hill  
Convent & Stuart Hall  
Desert Christian (lan)  
Don Bosco Tech  
Esperanza  
Foothill Technology  
Francis Parker  
Fullerton  
Godinez  
High Tech High (sd)  
La Canada  
McFarland  
Moapa Valley (NV)  
Moorpark  
Nueva  
Oak Park  
Palos Verdes  
Pasadena Poly  
Rim Of The World  
Rowland  
Sacramento Country Day  
Sage Creek  
Samueli Academy  
San Marino  
Santa Margarita  
Savanna  
Servite  
Shadow Hills  
South Pasadena  
South Torrance  
St. Francis (lc)  
St. John Bosco  
Truckee  
Viewpoint  
West Covina  
West Ranch  
West Torrance  
Xavier College Prep (pd)  
Yorba Linda

**Race #36 - 3:41 PM**  
**HS Division 3,4&5**  
**Girls Soph**  
**Red Wristband**  
**3.0 Miles**  
Arroyo (em)

Bishop Montgomery  
Burrough(rid)  
Canyon (cc)  
Capo Valley  
Desert Christian (lan)  
Esperanza  
Fillmore  
Francis Parker  
Fullerton  
High Tech High (sd)  
La Canada  
McFarland  
Moorpark  
Oak Park  
Rowland  
Sacramento Country Day  
Sage Creek  
Santa Margarita  
Savanna  
Shadow Hills  
South Pasadena  
South Torrance  
West Covina  
West Ranch  
West Torrance  
Xavier College Prep (pd)  
Yorba Linda

**Race #37 - 3:56 PM**  
**HS Division 3,4&5**  
**Boys Varsity**  
**Yellow Wristband**  
**3.0 Miles**  
Capo Valley  
Citrus Hill  
Fillmore  
La Jolla  
McFarland  
North Tahoe  
Pasadena Poly  
Sage Hill  
Samueli Academy  
Shadow Hills  
South Torrance  
The Bishop's School  
Truckee  
Verdugo Hills  
West Covina  
Xavier College Prep (pd)

**Race #38 - 4:04 PM**  
**HS Division 3,4&5**  
**Girls Varsity**  
**Blue Wristband**  
**3.0 Miles**  
Academy For Academic Excel.  
Arroyo (em)  
Big Bear  
Bishop Montgomery  
Burrough(rid)  
Cate  
Crossroads  
Desert Christian (lan)  
Foothill Technology  
Godinez  
McFarland  
Santa Fe Christian  
Savanna  
Torres  
Verdugo Hills  
West Anchorage (AK)  
West Ranch  
Windward (la)

**Race #39 - 4:18 PM**  
**HS Division 3,4&5**  
**Boys Soph**  
**Green Wristband**  
**3.0 Miles**  
Academy For Academic Excel.  
Agoura  
Arroyo (em)  
Bishop Amat  
Bishop Montgomery  
Burrough(rid)  
Canyon (cc)  
Capo Valley  
Cathedral Catholic (sd)  
Citrus Hill  
Convent & Stuart Hall  
Desert Christian (lan)  
Don Bosco Tech  
Esperanza  
Fillmore  
Foothill Technology  
Francis Parker  
Fullerton  
Godinez  
High Tech High (sd)  
La Canada  
McFarland  
Moapa Valley (NV)  
Moorpark

Nueva  
Oak Park  
Rim Of The World  
Rowland  
Sage Creek  
Samueli Academy  
Santa Margarita  
Savanna  
Servite  
South Pasadena  
South Torrance  
St. Francis (lc)  
St. John Bosco  
Truckee  
Viewpoint  
West Covina  
West Ranch  
West Torrance  
Yorba Linda

**Race #40 - 4:26 PM**  
**HS Division 3,4&5**  
**Girls JV Open**  
**Red Wristband**  
**3.0 Miles**

Arroyo (em)  
Big Bear  
Bishop Amat  
Burrough(rid)  
Canyon (cc)  
Capo Valley  
Cathedral Catholic (sd)  
Convent & Stuart Hall  
Fillmore  
Foothill Technology  
Francis Parker  
Fullerton  
Godinez  
La Canada  
La Costa Canyon  
La Jolla  
McFarland  
Moorpark  
Oak Park  
Palos Verdes  
Pasadena Poly  
Rim Of The World  
Rowland  
Sage Creek  
Sage Hill  
Samueli Academy  
Santa Margarita  
Shadow Hills

South Pasadena  
South Torrance  
Truckee  
University City  
Viewpoint  
West Covina  
West Ranch  
West Torrance  
Yorba Linda

**Race #41 - 4:39 PM**  
**HS Division 3,4&5**  
**Boys JV Open**  
**Yellow Wristband**  
**3.0 Miles**

Big Bear  
Burrough(rid)  
Canyon (cc)  
Convent & Stuart Hall  
Don Bosco Tech  
Fillmore  
Francis Parker  
Fullerton  
Godinez  
High Tech High (sd)  
La Costa Canyon  
La Jolla  
Moorpark  
Palos Verdes  
Pasadena Poly  
Rim Of The World  
Rowland  
Sage Creek  
San Marino  
Santa Margarita  
Savanna  
Servite  
University City  
Viewpoint  
West Covina  
West Ranch  
West Torrance  
Xavier College Prep (pd)

**Race #42 - 4:55 PM**  
**HS Division 3,4&5**  
**Girls Team Sweepstakes**  
**Blue Wristband**  
**3.0 Miles**  
Cathedral Catholic (sd)  
Fillmore  
La Canada  
La Costa Canyon



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# high school division race entries

## RACE ENTRY LIST

updated 10/18/2023 11:08:17 PM

La Jolla  
Moorpark  
North Tahoe  
Oak Park  
Palos Verdes  
Rim Of The World  
Sage Hill  
Santa Margarita  
Shadow Hills  
South Pasadena  
South Torrance  
University City  
Viewpoint  
West Torrance  
Yorba Linda

**Race #43 - 5:13 PM**  
**HS Division 3,4&5**  
**Boys Team Sweepstakes**  
**Green Wristband**  
**3.0 Miles**

Agoura  
Canyon (cc)  
Cathedral Catholic (sd)  
Crossroads  
Desert Christian (lan)  
Foothill Technology  
Francis Parker  
La Canada  
La Costa Canyon  
Moorpark  
Oak Park  
Palos Verdes  
Rim Of The World  
Sage Creek  
Santa Margarita  
Servite  
South Pasadena  
St. Francis (lc)  
St. John Bosco  
Torres  
Viewpoint  
West Ranch  
West Torrance  
Windward (la)  
Yorba Linda

**Race #44 - 5:31 PM**  
**HS Division 3,4&5**  
**Girls Individual Sweepsta**  
**Red Wristband**  
**3.0 Miles**  
Bishop Amat

Canyon (cc)  
Capo Valley  
Citrus Hill  
Convent & Stuart Hall  
Esperanza  
Francis Parker  
Fullerton  
Nueva  
Pasadena Poly  
Petaluma  
Rowland  
Sage Creek  
Samueli Academy  
San Marino  
The Bishop's School  
Truckee  
West Covina  
Xavier College Prep (pd)

**Race #45 - 5:50 PM**  
**HS Division 3,4&5**  
**Boys Individual Sweepsta**  
**Yellow Wristband**  
**3.0 Miles**

Academy For Academic Excel.  
Arroyo (em)  
Big Bear  
Bishop Amat  
Bishop Montgomery  
Burroughs(rid)  
Cate  
Cathedral (la)  
Convent & Stuart Hall  
Don Bosco Tech  
Esperanza  
Fullerton  
Godinez  
High Tech High (sd)  
Moapa Valley (NV)  
Mount Miguel  
Nueva  
Rowland  
Sacramento Country Day  
San Marino  
Santa Fe Christian  
Savanna  
University City  
Wildwood (la)

**Race #51 - 7:30 AM**  
**HS Division 1&2**  
**Boys Frosh**  
**Blue Wristband**  
**3.0 Miles**

Arcadia  
Camarillo  
Canyon (ana)  
Chaffey  
Crescenta Valley  
Delasalle  
Foothill (sa)  
Granada Hills  
Great Oak  
Loyola  
Mira Costa  
Newbury Park  
Peninsula  
Poly (riv)  
Redondo  
Santa Ana  
Santiago (cor)  
Torrey Pines  
Trabuco Hills  
University (irv)  
Ventura

**Race #52 - 7:43 AM**  
**HS Division 1&2**  
**Boys Frosh**  
**Green Wristband**  
**3.0 Miles**

Aliso Niguel  
Ayala  
Beckman  
Canyon Crest Academy  
Centennial (cor)  
Chaparral  
Claremont  
El Camino (oce)  
El Toro  
Etiwanda  
Glendora  
La Serna  
Long Beach Poly  
Millikan  
Norco  
Portola (irv)  
Rancho Cucamonga  
San Clemente  
Santa Barbara  
Santa Monica  
Saugus

Vista Murrieta  
Walnut

**Race #53 - 7:50 AM**  
**HS Division 1&2**  
**Girls Frosh**  
**Red Wristband**  
**3.0 Miles**

Aliso Niguel  
Ayala  
Canyon (ana)  
Canyon Crest Academy  
Centennial (cor)  
Chaffey  
Claremont  
Crescenta Valley  
El Camino (oce)  
El Toro  
Foothill (sa)  
Glendora  
Granada Hills  
Great Oak  
La Serna  
Long Beach Poly  
Millikan  
Mira Costa  
Newbury Park  
Norco  
Peninsula  
Poly (riv)  
Portola (irv)  
Rancho Cucamonga  
Redondo  
San Clemente  
Santa Ana  
Santa Barbara  
Santa Monica  
Santiago (cor)  
Saugus  
Torrey Pines  
University (irv)  
Ventura  
Vista Murrieta  
Walnut

**Race #54 - 8:04 AM**  
**HS Division 1&2**  
**Boys Soph**  
**Yellow Wristband**  
**3.0 Miles**

Arcadia  
Camarillo  
Canyon (ana)

Chaffey  
Crescenta Valley  
Delasalle  
Foothill (sa)  
Granada Hills  
Great Oak  
Loyola  
Mira Costa  
Newbury Park  
Peninsula  
Poly (riv)  
Portola (irv)  
Redondo  
Santa Ana  
Santiago (cor)  
Torrey Pines  
Trabuco Hills  
University (irv)  
Ventura

**Race #55 - 8:17 AM**  
**HS Division 1&2**  
**Boys Soph**  
**Blue Wristband**  
**3.0 Miles**

Aliso Niguel  
Ayala  
Beckman  
Canyon Crest Academy  
Centennial (cor)  
Chaparral  
Claremont  
El Camino (oce)  
El Toro  
Etiwanda  
Glendora  
La Serna  
Long Beach Poly  
Millikan  
Norco  
Rancho Cucamonga  
Santa Monica  
Saugus  
Vista Murrieta  
Walnut

**Race #56 - 8:24 AM**  
**HS Division 1&2**  
**Girls Soph**  
**Green Wristband**  
**3.0 Miles**

Aliso Niguel  
Ayala



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# high school division race entries

## RACE ENTRY LIST

updated 10/18/2023 11:08:17 PM

<p>Centennial (cor) Chaffey Claremont Crescenta Valley El Camino (oce) El Dorado (pla) El Toro Etiwanda Foothill (sa) Glendora Granada Hills Great Oak Highland (bak) La Serna Long Beach Poly Mira Costa Newbury Park Norco Peninsula Poly (riv) Rancho Cucamonga Redondo San Clemente Santa Ana Santa Monica Santiago (cor) Saugus Torrey Pines University (irv) Ventura Vista Murrieta Walnut</p> <p><b>Race #57 - 8:39 AM</b> <b>HS Division 1&amp;2</b> <b>Boys JV Open</b> <b>Red Wristband</b> <b>3.0 Miles</b></p> <p>Arcadia Ayala Beckman Camarillo Clayton Valley Cleveland Crescenta Valley El Dorado (pla) El Toro Foothill (sa) Glendora Granada Hills Great Oak Laguna Creek Loyola</p>	<p>Mira Costa Newbury Park Redondo San Clemente Santa Barbara Santiago (cor) Torrey Pines Trabuco Hills Ventura</p> <p><b>Race #58 - 8:46 AM</b> <b>HS Division 1&amp;2</b> <b>Girls JV Open</b> <b>Yellow Wristband</b> <b>3.0 Miles</b></p> <p>Arcadia Ayala Camarillo Canyon (ana) Chaffey Crescenta Valley El Toro Granada Hills Great Oak Hueneme Laguna Creek Mira Costa Peninsula Poly (riv) Redondo Santa Ana Santiago (cor) Torrey Pines University (irv) Ventura</p> <p><b>Race #59 - 9:02 AM</b> <b>HS Division 1&amp;2</b> <b>Boys Individual Sweepstakes</b> <b>Blue Wristband</b> <b>3.0 Miles</b></p> <p>Aliso Niguel Arcadia Camarillo Canyon (ana) Canyon Crest Academy Chaffey Chaparral Clayton Valley Cleveland Del Norte (sd) Delasalle El Camino (oce)</p>	<p>El Toro Etiwanda Fontana Foothill (sa) Granada Hills Hueneme La Serna Millikan Poly (riv) Rancho Bernardo Redondo Saugus</p> <p><b>Race #60 - 9:22 AM</b> <b>HS Division 1&amp;2</b> <b>Girls Individual Sweepstakes</b> <b>Green Wristband</b> <b>3.0 Miles</b></p> <p>Arcadia Canyon (ana) Chaffey Cleveland Clovis West Crescenta Valley El Camino (oce) El Toro Etiwanda Highland (bak) Liberty (bak) Millikan Palisades Poly (riv) Portola (irv) Rancho Cucamonga Redondo Santa Ana University (irv) Walnut Westview (sd)</p> <p><b>Race #61 - 9:42 AM</b> <b>HS Division 1&amp;2</b> <b>Boys Team Sweepstakes</b> <b>Red Wristband</b> <b>3.0 Miles</b></p> <p>Ayala Beckman Clovis West Crescenta Valley El Dorado (pla) Glendora Great Oak Loyola</p>	<p>M.L. King (riv) Mira Costa Newbury Park Palisades Poway Rancho Cucamonga San Clemente Santa Barbara Torrey Pines Trabuco Hills Ventura Westview (sd)</p> <p><b>Race #62 - 10:02 AM</b> <b>HS Division 1&amp;2</b> <b>Girls Team Sweepstakes</b> <b>Yellow Wristband</b> <b>3.0 Miles</b></p> <p>Ayala Canyon Crest Academy Claremont Del Norte (sd) Great Oak Long Beach Poly Mira Costa Peninsula Poway Santa Monica Santiago (cor) Saugus Torrey Pines Ventura Vista Murrieta</p> <p><b>Race #63 - 10:16 AM</b> <b>HS Division 1&amp;2</b> <b>Boys Varsity</b> <b>Blue Wristband</b> <b>3.0 Miles</b></p> <p>Centennial (cor) Claremont James Logan Laguna Creek Liberty (bak) Long Beach Poly Norco Peninsula Portola (irv) Santa Ana Santa Monica Santiago (cor) University (irv) Vista Murrieta</p>	<p>Walnut</p> <p><b>Race #64 - 10:24 AM</b> <b>HS Division 1&amp;2</b> <b>Girls Varsity</b> <b>Green Wristband</b> <b>3.0 Miles</b></p> <p>Aliso Niguel Beckman Camarillo Centennial (cor) Chaparral Clayton Valley El Dorado (pla) Fontana Foothill (sa) Glendora Granada Hills Hueneme La Serna Laguna Creek M.L. King (riv) Newbury Park Norco Rancho Bernardo Santa Barbara</p> <p><b>Race #65 - 10:38 AM</b> <b>HS Division 1&amp;2</b> <b>Boys JV Open</b> <b>Red Wristband</b> <b>3.0 Miles</b></p> <p>Aliso Niguel Canyon (ana) Canyon Crest Academy Centennial (cor) Chaffey Chaparral Claremont El Camino (oce) Etiwanda Hueneme La Serna Liberty (bak) Long Beach Poly M.L. King (riv) Millikan Norco Peninsula Poly (riv) Portola (irv) Rancho Cucamonga Santa Ana</p>
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# high school division race entries

## RACE ENTRY LIST

updated 10/18/2023 11:08:17 PM

Santa Monica  
Saugus  
University (irv)  
Vista Murrieta  
Walnut

**Race #66 - 10:46 AM**  
**HS Division 1&2**  
**Girls JV Open**  
**Yellow Wristband**  
**3.0 Miles**

Aliso Niguel  
Canyon Crest Academy  
Centennial (cor)  
Chaparral  
Claremont  
Cleveland  
El Camino (oce)  
Etiwanda  
Foothill (sa)  
Glendora  
La Serna  
Long Beach Poly  
M.L. King (riv)  
Millikan  
Rancho Cucamonga  
Santa Barbara  
Santa Monica  
Saugus  
Vista Murrieta  
Walnut

**Race #70 - 11:01 AM**  
**HS Division 1**  
**Boys Varsity**  
**Blue Wristband**  
**3.0 Miles**

Alameda  
American (fre)  
Birmingham  
Castro Valley  
Channel Islands  
Diamond Bar  
El Camino Real (wh)  
Fountain Valley  
Glendale  
Homestead (cup)  
Knight  
Lancaster  
Mission Hills  
Oak Hills  
Patrick Henry  
Pleasant Grove

Rialto  
San Juan Hills  
San Pedro  
Taft (wh)  
Valencia (pla)  
Venice  
Warren

**Race #71 - 11:08 AM**  
**HS Division 1**  
**Girls Varsity**  
**Green Wristband**  
**3.0 Miles**

Alisal  
Arroyo Valley  
Burbank  
Channel Islands  
Chino Hills  
Coachella Valley  
Eastside (lan)  
Glendale  
Hamilton (la)  
Kennedy  
La Quinta(lq)  
Mission Hills  
North Hollywood  
Patriot  
Quartz Hill  
Rio Mesa  
Robert F. Kennedy  
San Marcos (sm)  
Troy  
Valencia (val)  
Valley View

**Race #72 - 11:21 AM**  
**HS Division 1**  
**Boys Varsity**  
**Red Wristband**  
**3.0 Miles**

Alisal  
Anaheim  
Antioch  
Arroyo Valley  
Burbank  
Coachella Valley  
Downey (dow)  
Garfield  
Hemet  
Kennedy  
La Quinta(lq)  
Liberty (bre)  
Northgate

Paramount  
Patriot  
Quartz Hill  
Rio Mesa  
San Leandro  
Summit (fon)  
Troy  
Valencia (val)  
Wilson (lb)

**Race #73 - 11:28 AM**  
**HS Division 1**  
**Girls Varsity**  
**Yellow Wristband**  
**3.0 Miles**

Alta Loma  
Antioch  
Bell Gardens  
Castro Valley  
Diamond Bar  
El Camino Real (wh)  
Fountain Valley  
Highland (pal)  
King City  
Lakewood  
Lancaster  
Oak Hills  
Oxnard  
Paramount  
Pittsburg  
Redwood (vis)  
Roosevelt (eas)  
San Pedro  
Taft (wh)  
Upland  
Venice  
Warren

**Race #74 - 11:42 AM**  
**HS Division 1**  
**Boys Varsity**  
**Blue Wristband**  
**3.0 Miles**

Alta Loma  
Bell Gardens  
Cajon  
Canyon Springs  
Chino Hills  
Eastside (lan)  
Grossmont  
Hamilton (la)  
Highland (pal)  
King City

Lakewood  
Los Osos  
Orange Vista  
Oxnard  
Pittsburg  
Redwood (vis)  
Robert F. Kennedy  
Roosevelt (eas)  
San Marcos (sm)  
Sunny Hills  
Upland  
Valley View

**Race #75 - 11:49 AM**  
**HS Division 1**  
**Girls Varsity**  
**Green Wristband**  
**3.0 Miles**

Alameda  
Anaheim  
Birmingham  
Cajon  
Canyon Springs  
Downey (dow)  
Garfield  
Grossmont  
Homestead (cup)  
Knight  
Liberty (bre)  
Los Osos  
Northgate  
Orange Vista  
Patrick Henry  
Pleasant Grove  
Rialto  
San Juan Hills  
Sunny Hills  
Valencia (pla)  
Wilson (lb)

**Race #76 - 12:03 PM**  
**HS Division 1**  
**Boys Frosh**  
**Red Wristband**  
**3.0 Miles**

Alisal  
Alta Loma  
Anaheim  
Antioch  
Bell Gardens  
Burbank  
Cajon  
Canyon Springs

Channel Islands  
Chino Hills  
Coachella Valley  
Downey (dow)  
El Camino Real (wh)  
Fountain Valley  
Garfield  
Grossmont  
La Quinta(lq)  
Lakewood  
Los Osos  
Mission Hills  
Northgate  
Oak Hills  
Orange Vista  
Oxnard  
Paramount  
Patrick Henry  
Patriot  
Pleasant Grove  
Quartz Hill  
Redwood (vis)  
Rio Mesa  
Roosevelt (eas)  
San Juan Hills  
San Pedro  
Sunny Hills  
Troy  
Upland  
Valencia (pla)  
Valencia (val)  
Valley View  
Venice  
Warren  
Westminster  
Wilson (lb)

**Race #77 - 12:11 PM**  
**HS Division 1**  
**Girls Frosh**  
**Yellow Wristband**  
**3.0 Miles**

Alisal  
Alta Loma  
Anaheim  
Bell Gardens  
Burbank  
Cajon  
Canyon Springs  
Channel Islands  
Chino Hills  
Coachella Valley  
Downey (dow)



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## RACE ENTRY LIST

updated 10/18/2023 11:08:18 PM

<p>El Camino Real (wh) Etiwanda Fountain Valley Garfield Grossmont La Quinta(lq) Lakewood Los Osos Mission Hills Northgate Oak Hills Orange Vista Oxnard Paramount Patriot Pleasant Grove Quartz Hill Redwood (vis) Roosevelt (eas) San Juan Hills San Pedro Sunny Hills Troy Upland Valencia (pla) Valencia (val) Valley View Venice Warren Westminster Wilson (lb)</p> <p><b>Race #78 - 12:27 PM</b> <b>HS Division 1</b> <b>Boys Soph</b> <b>Blue Wristband</b> <b>3.0 Miles</b></p> <p>Alisal Alta Loma Anaheim Antioch Bell Gardens Cajon Canyon Springs Channel Islands Chino Hills Coachella Valley Downey (dow) El Camino Real (wh) Garfield Glendale Grossmont Hemet La Quinta(lq) Lakewood Los Osos Oak Hills Orange Vista</p>	<p>Lancaster Los Osos Northgate Oak Hills Orange Vista Oxnard Paramount Patrick Henry Patriot Pleasant Grove Quartz Hill Redwood (vis) Rio Mesa Roosevelt (eas) San Juan Hills San Pedro Sunny Hills Troy Upland Valencia (pla) Valencia (val) Valley View Venice Warren Westminster Wilson (lb)</p> <p><b>Race #79 - 12:35 PM</b> <b>HS Division 1</b> <b>Girls Soph</b> <b>Green Wristband</b> <b>3.0 Miles</b></p> <p>Alisal Alta Loma Anaheim Antioch Bell Gardens Cajon Canyon Springs Channel Islands Chino Hills Coachella Valley Downey (dow) El Camino Real (wh) Garfield Glendale Grossmont Hemet La Quinta(lq) Lakewood Los Osos Oak Hills Orange Vista</p>	<p>Oxnard Paramount Patriot Quartz Hill Roosevelt (eas) San Juan Hills San Pedro Sunny Hills Taft (wh) Troy Upland Valencia (pla) Valencia (val) Valley View Warren Westminster Wilson (lb)</p> <p><b>Race #80 - 12:51 PM</b> <b>HS Division 1</b> <b>Boys JV Open</b> <b>Red Wristband</b> <b>3.0 Miles</b></p> <p>American (fre) Bell Gardens Birmingham Cajon Channel Islands Downey (dow) Fountain Valley Garfield La Quinta(lq) Lancaster Mission Hills Oxnard Patriot Pittsburg Pleasant Grove Quartz Hill Redwood (vis) Rio Mesa San Juan Hills Sunny Hills Taft (wh) Troy Valencia (pla) Valley View</p> <p><b>Race #81 - 12:59 PM</b> <b>HS Division 1</b> <b>Girls JV Open</b> <b>Yellow Wristband</b> <b>3.0 Miles</b></p>	<p>Alameda Alta Loma Bell Gardens Cajon Channel Islands Chino Hills Diamond Bar Downey (dow) El Camino Real (wh) Fountain Valley Garfield Hamilton (la) La Quinta(lq) Mission Hills Northgate Orange Vista Oxnard Patrick Henry Patriot Pittsburg Pleasant Grove Quartz Hill Redwood (vis) Roosevelt (eas) San Juan Hills San Pedro Sunny Hills Troy Upland Valencia (pla) Valencia (val) Warren Wilson (lb)</p> <p><b>Race #82 - 1:14 PM</b> <b>HS Division 1</b> <b>Boys JV Open</b> <b>Blue Wristband</b> <b>3.0 Miles</b></p> <p>Alameda Alisal Alta Loma Anaheim Burbank Chino Hills Diamond Bar El Camino Real (wh) Homestead (cup) Lakewood Los Osos Northgate Oak Hills Orange Vista</p>	<p>Patrick Henry Roosevelt (eas) San Pedro Upland Valencia (val) Warren Wilson (lb)</p> <p><b>Race #85 - 3:10 PM</b> <b>HS Division 2</b> <b>Girls JV Open</b> <b>Green Wristband</b> <b>3.0 Miles</b></p> <p>Bravo Medical Magnet (la) California (whi) Centennial Cerritos Citrus Valley Culver City Dos Pueblos Eagle Rock Hesperia Hilltop Kennedy (lp) Liberty (bak) Marina Ontario Rancho Verde Redlands San Marcos (sb) Santee EC Seegerstrom Serrano Steele Canyon Stockdale Temescal Canyon Tesoro Villa Park Vintage Westlake Woodbridge</p> <p><b>Race #86 - 3:26 PM</b> <b>HS Division 2</b> <b>Boys JV Open</b> <b>Red Wristband</b> <b>3.0 Miles</b></p> <p>Alhambra (alh) Apple Valley Arlington Bravo Medical Magnet (la) California (whi) Centennial</p>
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results on the web at: <https://finishedresults.com/meets/4635>

# high school division race entries

## RACE ENTRY LIST

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<p>Cerritos Citrus Valley Corona Culver City Edison (hb) Eisenhower (ria) El Modena Geffen Acad. Hesperia Hilltop Kennedy (lp) La Habra Leigh Madera Marina Mark Keppel Mira Mesa Murrieta Mesa Murrieta Valley Ontario Rancho Verde Redlands San Marcos (sb) Santee EC Segerstrom Serrano Steele Canyon Stockdale Temescal Canyon Tesoro Villa Park Westlake Woodbridge</p> <p><b>Race #87 - 3:34 PM</b> <b>HS Division 2</b> <b>Girls Soph</b> <b>Yellow Wristband</b> <b>3.0 Miles</b></p> <p>Alhambra (alh) Apple Valley Arlington Bravo Medical Magnet (la) California (whi) Centennial Cerritos Citrus Valley Corona Culver City Edison (hb) El Modena Geffen Acad. Hesperia Kennedy (lp) Leigh Marina Mark Keppel Moreno Valley Murrieta Mesa Murrieta Valley Ontario Rancho Verde Redlands San Marcos (sb) Santa Ana Valley Segerstrom Serrano Temescal Canyon Tesoro Villa Park Vintage Westlake Woodbridge</p>	<p>Moreno Valley Ontario San Marcos (sb) Segerstrom Serrano Steele Canyon Temescal Canyon Tesoro Westlake</p> <p><b>Race #88 - 3:50 PM</b> <b>HS Division 2</b> <b>Boys Soph</b> <b>Blue Wristband</b> <b>3.0 Miles</b></p> <p>Alhambra (alh) Apple Valley Arlington Bravo Medical Magnet (la) California (whi) Centennial Cerritos Citrus Valley Colony Corona Culver City Dos Pueblos Eagle Rock Edison (hb) El Modena Geffen Acad. Hesperia Kennedy (lp) Leigh Marina Mark Keppel Moreno Valley Murrieta Mesa Murrieta Valley Ontario Rancho Verde Redlands San Marcos (sb) Santa Ana Valley Segerstrom Serrano Temescal Canyon Tesoro Villa Park Vintage Westlake Woodbridge</p>	<p><b>Race #89 - 3:58 PM</b> <b>HS Division 2</b> <b>Girls Frosh</b> <b>Green Wristband</b> <b>3.0 Miles</b></p> <p>Alhambra (alh) Apple Valley Arlington Bravo Medical Magnet (la) California (whi) Centennial Cerritos Citrus Valley Colony Corona Culver City Eagle Rock Edison (hb) Hesperia Marina Mark Keppel Murrieta Mesa Murrieta Valley Ontario Redlands San Marcos (sb) Santee EC Segerstrom Serrano Steele Canyon Temescal Canyon Tesoro Villa Park Westlake</p> <p><b>Race #90 - 4:14 PM</b> <b>HS Division 2</b> <b>Boys Frosh</b> <b>Red Wristband</b> <b>3.0 Miles</b></p> <p>Apple Valley Arlington Bravo Medical Magnet (la) California (whi) Centennial Cerritos Citrus Valley Colony Culver City Eagle Rock Edison (hb) Geffen Acad. Hesperia</p>	<p>Kennedy (lp) Leigh Marina Mark Keppel Moreno Valley Murrieta Mesa Murrieta Valley Ontario Rancho Verde Redlands San Marcos (sb) Santa Ana Valley Segerstrom Serrano Steele Canyon Temescal Canyon Tesoro Villa Park Westlake Woodbridge</p> <p><b>Race #91 - 4:22 PM</b> <b>HS Division 2</b> <b>Girls Varsity</b> <b>Yellow Wristband</b> <b>3.0 Miles</b></p> <p>Alhambra (alh) Bravo Medical Magnet (la) Cerritos Corona Dos Pueblos Edison (hb) Eisenhower (ria) Heritage (bre) Hesperia La Habra Mark Keppel Mira Mesa Murrieta Mesa Ontario Redlands San Pasqual Santee EC Stockdale Sylmar Vintage</p> <p><b>Race #92 - 4:38 PM</b> <b>HS Division 2</b> <b>Boys Varsity</b> <b>Blue Wristband</b> <b>3.0 Miles</b></p> <p>Bonita Vista</p>	<p>Centennial Citrus Valley Corona Eagle Rock El Modena Elsinore Heritage (bre) Hilltop La Quinta (wes) Leigh Mira Mesa Moreno Valley Murrieta Valley Ramona (riv) San Dieguito Acad. Scripps Ranch Steele Canyon Temescal Canyon Vintage Westlake</p> <p><b>Race #93 - 4:46 PM</b> <b>HS Division 2</b> <b>Girls Varsity</b> <b>Green Wristband</b> <b>3.0 Miles</b></p> <p>Arlington California (whi) Colony Culver City El Diamante El Modena Elsinore Esteban Torres Hilltop La Quinta (wes) Leigh Marina Mt. Carmel Ramona (riv) San Dieguito Acad. Scripps Ranch Steele Canyon Temescal Canyon Villa Park Westlake</p> <p><b>Race #94 - 5:02 PM</b> <b>HS Division 2</b> <b>Boys Varsity</b> <b>Red Wristband</b> <b>3.0 Miles</b></p> <p>Alhambra (alh)</p>
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# high school division race entries

## RACE ENTRY LIST

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Bravo Medical Magnet (la)  
Cerritos  
Dos Pueblos  
Edison (hb)  
El Rancho  
Freedom  
Kennedy (lp)  
Madera  
Marina  
Mt. Carmel  
Northwood  
Ontario  
Rancho Verde  
San Marcos (sb)  
Santa Ana Valley  
Segerstrom  
Stockdale  
Tesoro  
University (la)  
University (la)  
Woodbridge

Arlington  
Belmont  
California (whi)  
Colony  
Culver City  
Eisenhower (ria)  
El Diamante  
Geffen Acad.  
Hesperia  
La Habra  
Mark Keppel  
Murrieta Mesa  
Palmdale  
Redlands  
San Pasqual  
Santee EC  
Serrano  
Sultana  
Sylmar  
Villa Park  
Vista (vis)

### Race #95 - 5:10 PM

#### HS Division 2

#### Girls Varsity

#### Yellow Wristband

#### 3.0 Miles

Apple Valley  
Centennial  
Citrus Valley  
Eagle Rock  
El Rancho  
Freedom  
Geffen Acad.  
Kennedy (lp)  
Madera  
Moreno Valley  
Northwood  
Rancho Verde  
San Marcos (sb)  
Santa Ana Valley  
Segerstrom  
Serrano  
Tesoro  
Vista (vis)  
Woodbridge

### Race #96 - 5:26 PM

#### HS Division 2

#### Boys Varsity

#### Blue Wristband

#### 3.0 Miles

Apple Valley



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results on the web at: <https://finishedresults.com/meets/4635>



# LIGHTSONSITES.COM

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### WHAT IS LIGHTSONSITES.COM?

LightOnSites.com is a Web-based Facility Control and Scheduling System that works on any Web-enabled device. The system **schedules, controls and bills** for use of Facilities within Entities (Cities, School Districts, HOAs and more – *public and private*). Control as many Facilities as needed for Individuals and Groups like:

- Recreational ball fields, tennis courts, riding rings, picnic facilities
- Security lighting and parking areas
- Building and bathroom locking  
*and more!*

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- **Easy for Groups, Teams and Individuals** – No more codes or coins. Everything is automated online and you designate your Groups' permissions as you see fit. Individual Users can sign-up and pay-to-play in seconds.
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# MAP LEGEND








## TEAM ARRIVAL PROTOCOL

H I G H S C H O O L D I V I S I O N

### MAP LEGEND

-  **PARKING LOT F**  
*XC Invite Parking (Buses/Cars)*
-  **WALKING PATH**
-  **ACCESS TO OPEN AREA**
-  **BRIDGE/OVERPASS**
-  **BLOCKED ACCESS**
-  **MEDICAL - ATHLETIC TRAINING ROOM**  
*Medical stationed throughout course*
-  **RESTROOMS**
-  **TUNNEL**  
*Lot F to Stadium Entrance*
-  **STADIUM TICKET BOOTH**
-  **TEAM CHECK-IN**  
*Packet Pick-Up*
-  **STAIRS AND ELEVATOR TO TEAM CAMP AREA** *(Level 1)*
-  **TEAM CAMP AREAS**  
*Parking Lot First Floor / Practice Field*
-  **WATER COOLER FILL UP STATION**
-  **CLERK OF THE COURSE**  
*Race Check-In*
-  **SOUVENIR SALES AND AWARDS**
-  **PROBLEM SOLVING SHED**  
*Questions and Issues resolved here!*

### COURSE MAP LEGEND

-  **START LINE**
-  **FINISH LINE**
-  **COURSE PATH**
-  **FIRST MILE**
-  **SECOND MILE**
-  **THIRD MILE**
-  **MILE MARKERS**

### TEAM ARRIVAL PROTOCOL

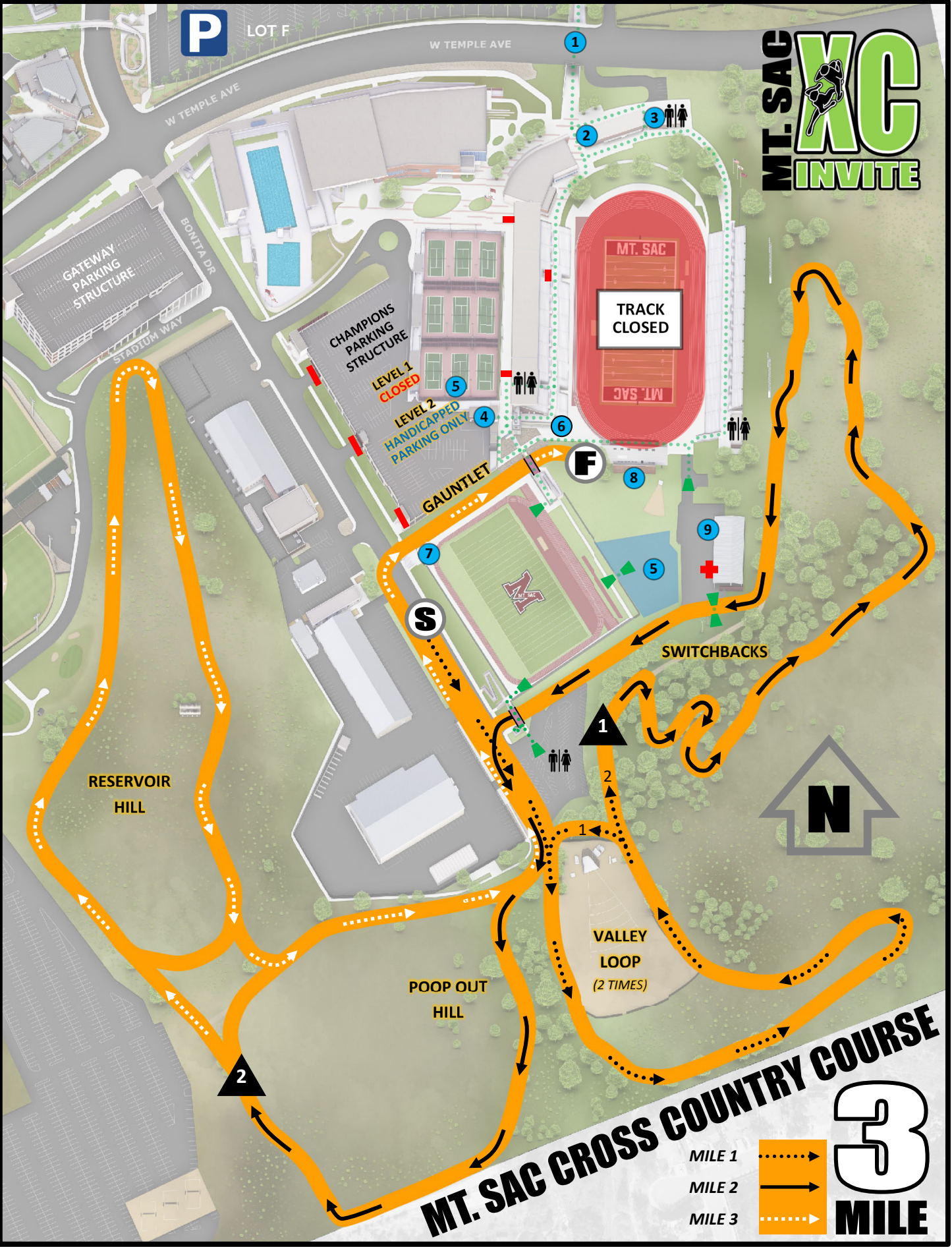
- 1. PARKING**  
All buses and vehicles must park in Lot F located on the north side of Temple Ave.
- 2. ENTERING THE STADIUM (2)**  
Use Tunnel to cross Temple Ave and enter stadium.
- 3. TEAM PACKET PICK-UP (3)**  
Distribute Bib Number to athletes for entry
- 4. TEAM CAMP (4)**  
Set up your team camp on the first floor of the Champions Parking Structure (*no need for tents!*)
- 5. RACE CHECK-IN (5)**  
30 minutes prior to each race, your team(s) must check in at the Clerk of the Course



LOT F

W TEMPLE AVE

**MT. SAC XC**  
**INVITE**



RESERVOIR HILL

POOP OUT HILL

VALLEY LOOP (2 TIMES)

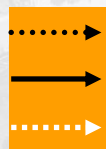
SWITCHBACKS

**MT. SAC CROSS COUNTRY COURSE**

MILE 1

MILE 2

MILE 3



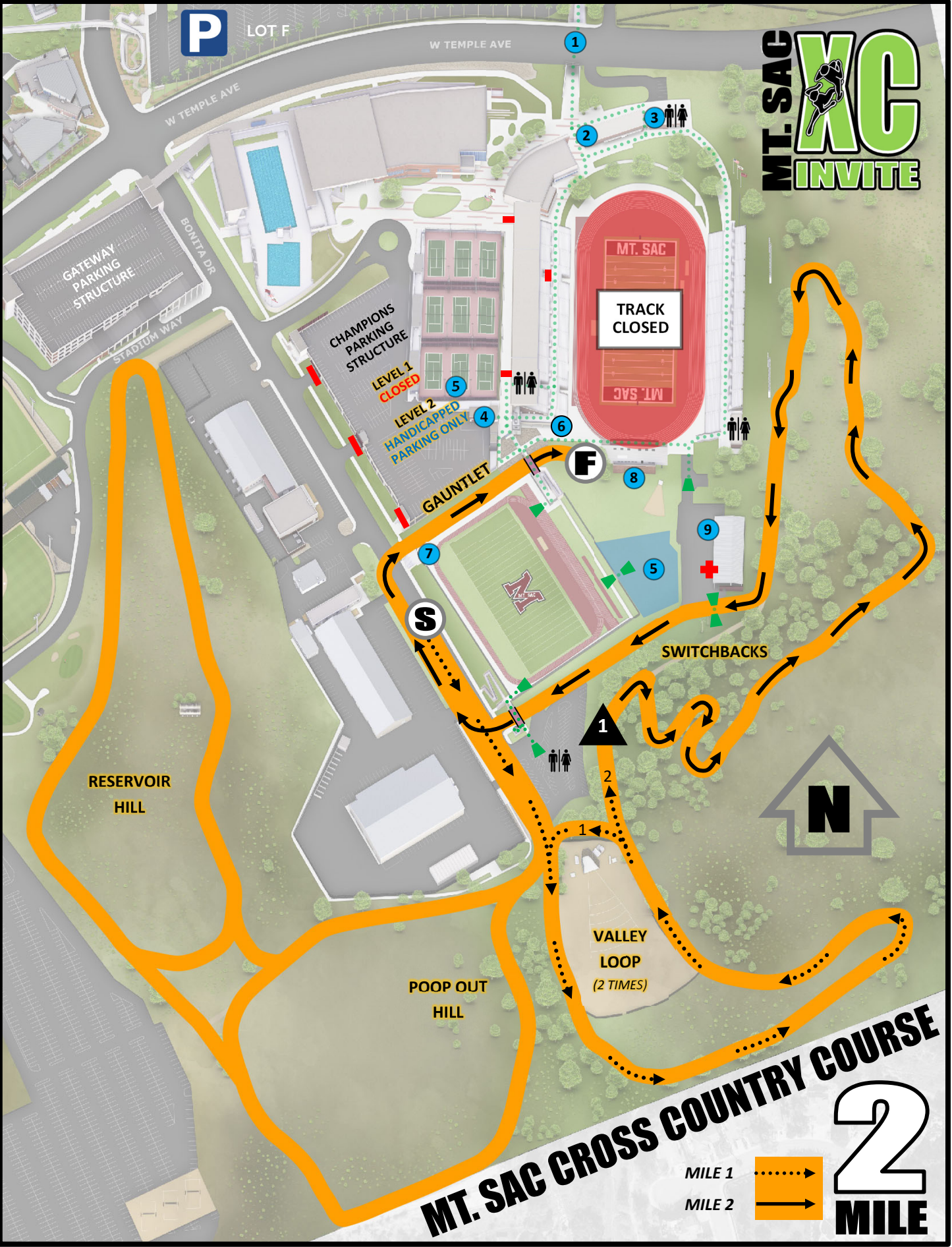
**3**  
**MILE**





LOT F

W TEMPLE AVE



GATEWAY PARKING STRUCTURE  
BONITA DR  
STADIUM WAY

CHAMPIONS PARKING STRUCTURE  
LEVEL 1 CLOSED  
LEVEL 2 HANDICAPPED PARKING ONLY

MT. SAC  
TRACK CLOSED  
MT. SAC

GAUNTLET

RESERVOIR HILL

SWITCHBACKS



POOP OUT HILL

VALLEY LOOP  
(2 TIMES)

**MT. SAC CROSS COUNTRY COURSE**

MILE 1  
MILE 2

**2**  
**MILE**